IT'S A GAMBLE

Taking Risks

"You can't steal second base and still keep your foot on first."

Frederick Wilcox

There are risks involved in almost everything we do. To get where we want to go, we must take a risk. However, risks that are reckless, impulsive, unnecessary, and unreasonable are avoidable.

Unreasonable Risks:

Are negative

May lead to serious or life-threatening consequences
Negatives outweigh the positives
What we gain doesn't justify what we may lose
Chance of something bad happening is greater than something good happening
May cause injury or hurt to self or others



Reasonable Risks:

Are positive

Help us move forward and feel good about ourselves
Positives outweigh the negatives
What we gain justifies what we may lose

We gain something of greater value without risking something of greater value Chance of something good happening is greater that something bad happening

Does not cause hurt to self or others



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Protecting Yourself Against Risks

Consider the following before taking a risks?

Resist peer pressure.

Consider the

consequences.

What do I have to gain?

What do I have to lose?

Do the things I might gain justify the things I might lose?

Do the positives outweigh the

negatives?

Is this something I want for myself or am I being pressured?

How might my choice effect my future?

Stay away from risk takers.

Consider other options.

Listen to your conscience.

Pay attention to what you are doing.

Know your limits.

What are my chances for succeeding?

What other choices do I have?

Do you think, "It won't happen to me!"? Think again.





Keep yourself healthy, safe, and out of trouble by protecting yourself against risk.

It's your choice and your consequences.





Think about the choices you are making and the risks you are taking.