



## Teacher Notes

# Prevention Plan: A Parent's Checklist

*Guard your homes. How foolish it seems to install bars and bolts and electronic devices against thieves and molesters while more insidious intruders stealthily enter and despoil.*

1. Teach children to "crash and tell," i.e., immediately turn the computer off then tell the teacher as well as a parent.
2. Keep all forms of inappropriate material out of your home.
3. Place the computer in an open, supervised area of your home.
4. Install a filter on you Internet. Know that you still need to supervise.
5. Learn enough about your computer so you can see what sites have been visited.
6. Check your filter's history every day.
7. Go to [www.strengthenthefamily.net](http://www.strengthenthefamily.net) to know today if anyone, perhaps a friend of your children, has pulled up pornography on your computer and perhaps shown it to your children. Click on Content Watch, which is on the bottom of the home page. In the paragraph on that web page click on Netnanny.com, click on Products and then Content Cleanup and Try to get their free two-week trial.
8. "Ask" your children what they have seen. Do not deal with this issue with any anger.
9. Check out every disk that comes into your home.
10. A free disk with free hours of usage makes it so there is no filter on your computer.
11. Talk to your child about the guilt he/she will feel if they accidentally pull up a porn site.
12. Avoid sleepovers. Commonly there are inappropriate pictures passed around.
13. Monitor movies, television and videos that you or your children see. Repeated exposure to "one bad scene" accumulates and desensitizes.
14. Role play with children as young as six about how to act when they are approached with bad story, the bad picture or the bad joke.
15. Prepare older children for teenage feelings. Teach them the quickness of addiction, the beauty of true intimacy, the things they will lose if they get involved with pornography.
16. Warn children to stay out of chat rooms, out of newsgroups, and off instant messages.
17. Recognize that girls as well as guys are getting involved with pornography.
18. Have rules.
19. Maintain a good relationship with your children and teens so you can openly talk.
20. Have an emotional, verbal and physical (hugs) closeness with each child.
21. Teach them that pornography is a temporary fix.
22. Teach children/youth the deceptiveness of advertising.
23. Teach children/youth that they cannot believe everything the magazines say.
24. Take time to talk to your child about what he's hearing in school.
25. Take one-on-one time with each child.
26. Know that once your child is protected in your home, he is not protected in the community.
27. Be an example of clean living in your own home. Your choice of recreation, and the way you treat one another as a couple will influence your children.
28. Know that politely speaking up at the service desk whenever you see something in a store that offends you DOES make a difference. Silence means acceptance.