Resource: 4-5

# TEACHER BACKGROUND INFORMATION BOYS TOWN SCHOOL SOCIAL SKILLS - PAGE 1

## How to Accept a Compliment...

- 1. Look at the person.
- 2. Smile.
- 3. Use a pleasant voice tone.
- 4. Do not put down the compliment.
- 5. Thank the person.

## **How to Accept Criticism...**

- 1. Look at the person.
- 2. Say OK.
- 3. No arguing.

## How to Accept No for an Answer...

- 1. Look at the person.
- 2. Say OK.
- 3. No arguing, whining, or pouting.
- 4. If you don't understand why, ask calmly for a reason.
- 5. If you disagree or have a complaint, bring it up later.

# How to Apologize...

- 1. Look at the person.
- 2. Use a pleasant voice tone.
- 3. Make a specific statement of remorse.
- 4. State a plan for future appropriate behavior.
- 5. Ask the person to accept the apology.

# **How** to Disagree Appropriately...

- 1. Look at the person.
- 2. Use a pleasant voice tone.
- 3. Make an empathy/concern statement.
- 4. State disagreement specifically.
- 5. Give a rationale.
- 6. Say Thank You.

## How to Engage in a Conversation...

- 1. Look at the person.
- 2. Use a pleasant voice tone.
- 3. Ask the person questions.
- 4. Don't interrupt.
- Follow-up answers with a comment without changing the subject.

#### How to Follow Instructions...

- 1. Look at the person.
- 2. Say OK.
- 3. Do task immediately.
- 4. (Check back.)

## How to Get the Teacher's Attention...

- 1. Look at the person.
- 2. Raise your hand.
- 3. Wait for acknowledgement.
- 4. After acknowledgement, ask question in a quiet voice tone.

## How to Give a Compliment...

- 1. Look at the person.
- 2. Smile.
- 3. Use a pleasant voice tone.
- 4. Make a positive praise statement.

## How to Give Negative Feedback...

- 1. Look at the person.
- 2. Use a calm voice tone.
- 3. Make a positive statement or praise.
- 4. State the problem specifically.
- 5. Give a rationale why it is a problem.
- 6. Offer a solution.
- 7. Thank the person for listening.

## TEACHER BACKGROUND INFORMATION BOYS TOWN SCHOOL SOCIAL SKILLS - PAGE 2

#### How to Greet Someone...

- 1. Look at the person.
- 2. Smile.
- 3. Use a pleasant voice tone.
- 4. Make a verbal greeting.

#### How to Introduce Yourself...

- 1. Look at the person.
- 2. Smile.
- 3. Use a pleasant voice tone.
- 4. State your own name.
- Shake the person's hand.
- 6. When departing say, "It was nice to meet you."

#### How to Make a Request...

- 1. Look at the person.
- 2. Use a pleasant voice tone.
- 3. State request specifically.
- 4. Say "Please".
- 5. Say "Thank You" after request is granted.

# How to Negotiate...

- Look at the person.
- 2. Use a pleasant voice tone.
- 3. Listen to other's points without interrupting.
- 4. State your position specifically and clearly.
- 5. Give rationales for your position.
- 6. Be willing to accept the other's points (compromise).
- cooperate.

## How to Report Peer Behavior...

- 1. Look at the person.
- 2. Use a calm voice tone.
- 3. Request to speak to the adult privately.
- 4. Give a specific description of peer's inappropriate behavior.
- 5. State a rationale for the report.
- Suggest possible solution or consequences.
- 7. Thank the adult for listening.

## **How to Resist Peer Pressure** (or Say "No")...

- 1. Look at the person.
- 2. Use a calm voice tone.
- 3. Thank them for including you.
- 4. Explain that you do not want to participate.
- 5. Offer an alternative activity.
- 6. Continue to refuse to participate (if necessary).

## How to Volunteer...

- Look at the person.
- 2. Use a pleasant voice tone.
- 3. Ask the person if you could volunteer to help.
- 4. State specifically the task you are volunteering to do.
- 5. Give a rationale/benefit.
- 7. Thank him/her for their willingness to © 1979 Father Flanagan's Boys' Home