



Financial Fitness

Financial Fitness is a national FCCLA peer education program that involves youth teaching one another how to make, save, and spend money wisely. Through FCCLA's Financial Fitness program, youth plan and carry out projects that help them and their peers learn to become wise financial managers and smart consumers.

Financial Fitness Units:

Each youth-created Financial Fitness project relates to one of the following five units—

- **Banking Basics** — Conquer bank accounts, credit, and investments
- **Cash Control** — Track and plan personal spending
- **Making Money** — Sharpen on-the-job financial fitness
- **Consumer Clout** — Become a savvy spender
- **Financing Your Future** — Apply financial skills to real life.

Partners:

- America Saves, www.americasaves.org/fccla
- American Bankers Association Education Foundation (ABA), www.aba.com
- Family Economics and Financial Education (FEFE), www.fefe.arizona.edu
- Jump\$tart Coalition for Personal Financial Literacy, www.jumpstart.org
- National Endowment for Financial Education (NEFE), www.nefe.org
- USA Today Education, www.usatoday.com/education
- Visa USA and Practical Money Skills for Life, www.practicalmoneyskills.com

Awards:

FCCLA offers national recognition to chapters that complete FCCLA Financial Fitness projects and Family Economics and Financial Education (FEFE) projects. FCCLA and FEFE joined together with the goal of strengthening families by improving financial literacy. FEFE sponsors awards to encourage the use of FEFE curriculum materials to prepare members to plan, carry out, and evaluate FCCLA national Financial Fitness projects. These honors include cash awards and special recognition at the National Leadership Meeting and in *Teen Times* magazine. Chapters apply for recognition for their hard work and innovative projects with the National Financial Fitness and FEFE Program Award Applications available on the FCCLA Web site under Awards/Scholarships.

- High School Award — \$1,000 (offered through Financial Fitness and FEFE)
- Middle School Award — \$1,000 (offered through Financial Fitness only)
- Runner-Up Award — \$500 (offered through Financial Fitness and FEFE)

Deadline: Award Applications due to FCCLA national headquarters postmarked by March 1.

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Manage your \$! Use this program to help you make, save, and spend your money wisely and be financially fit.