TEEN LIVING – ROADBLOCKS TO DEVELOPMENT

OBJECTIVE:

Identify developmental tasks and challenges that occur during the teenage years and conditions that can impede, delay, or interrupt these tasks (roadblocks).

STANDARD:

Students will discuss and participate in activities to help them deal with teenage transitions.

MOTIVATOR	DESCRIPTION:	MATERIALS:
	Bell Ringer Question	Bell Ringer Cards for each student
TIME: 5 min.		

CONTENT:

- 1. Have the students get their bell ringer cards and answer the following question: "Is being a teenager what you expected?"
- 2. Return the bell ringer cards back to the classroom basket and return to your seats.

ACTIVITY 1	DESCRIPTION:	MATERIALS:		
(Individualistic	Personalized Teen Living License Plates	LICENSE PLATE TEMPLATE		
& Competitive)		LICENSE PLATE BALLOT		
TIME: 30 min.		License Plate ppt presentation		
		Masking Tape		
		Markers		
		Crayons		

CONTENT:

- 1. Introduction
 - a. Throughout this class we will be discussing the "TEENAGE HIGHWAY" the route it takes from being a child to becoming an adult.
 - b. You are going to create your own individual license plate that represents your teen years.
- 2. Assignment
 - a. Hand out the License Plate worksheet and explain the assignment to the students.
 - b. They are to design a license plate that would represent their teen years.
 - c. Their individual license plate could reflect: originality and creativity, personal talents or hobbies, personal likes or dislikes, personal descriptions, personal feelings about the teen years, colorful graphics, humorous comments on teen years (clean and legal!)
- 3. Vote on your favorite
 - a. Once everyone is done, display the plates around the classroom without

exposing the names of students.

- b. Instruct the students to walk around the room and vote on their favorites:
 - i. Most Original
 - ii. Most Colorful
 - iii. Best Description of Teen Years
 - iv. Best Overall
 - v. Best Design
- c. Handout candy to the winners in each of these categories.

PROCESS QUESTIONS:

1. What best represents your teenage years?

REFERENCES:

Teen Living Curriculum Guide – Utah State Board of Education

ACTIVITY 2	DESCRIPTION:	MATERIALS:	
(Individualistic)	Roadblocks to	ROADBLOCKS TO DEVELOPMENT STUDY GUIDE	
TIME: 30 min.	Development	ROAD MAP OF LIFE ASSIGNMENT	
		Roadblocks to Development ppt presentation	
		11 x 17 White Paper (1 per student)	

CONTENT:

- 1. Show the "Roadblocks to Development" PowerPoint presentation.
- 2. The presentation will discuss roadblocks that teenagers face as they grow up.
- 3. See the PowerPoint note pages for lecture information.
- 4. Handout and discuss the Road Map of Life Assignment to the students. It will be homework and due next class period.

PROCESS QUESTIONS:

- 1. What conditions can impede, delay or interrupt a teens normal development tasks?
- 2. What are examples of crisis level traumas?
- 3. Name the types of abuse some teenagers must deal with.
- 4. Give examples of compulsive or obsessive behaviors some teens are faced with.
- 5. When will normal development be regained following trauma?
- 6. What are some normal activities that help a teen to accomplish developmental tasks?

REFERENCES:

Teen Living Curriculum Guide – Utah State Board of Education

SUMMARY:

Teenagers may face challenges that impede, delay or interrupt normal developmental tasks. By identifying those challenges, teenagers can then become aware of how to get back on track to the developmental tasks needed to become mature adults.

STUDENT EVALUATION:	
Students will participate in two evaluations today.	One is the personalized

d license plate activity. No grade will be given, but assessments will be done according to the student's work displayed. The second evaluation will be the road map of life assignment. Students are to take that home and complete it. It will be due next class period and will be graded.

TEACHER EVALUATION:					

OPTIONAL ACTIVITY:

If there is time left to the class, allow the students to begin working on their Road Map of Life Assignment until the bell rings.