

#### **Families and Donuts**



### What is a Family?

- Define Family:
  - —An individual, or a group of people bonded by marriage, blood, or other means who have established a household.
- Define Home:
  - One's physical residence that serves as a source of shared energy for family members.
- The family is the soul of the home.

### **Family Forms**

- Adoptive
- Blended
- Couple
- Extended
- Legal Guardian

- Foster
- Nuclear
- Single-parent
- Single person

#### **Functions of a Family**

- Care giving
- Providing shelter, clothing and food
- Learning traditions
- Guidance
- Teaching language and social skills
- Providing stimulation
- Learning how to have fun, enjoy life
- Model positive parenting skills

# Changes in a Family Lifestyle

- Women have joined the paid labor force in great numbers.
- Couples postpone marriages until they are older and more established in careers, etc.
- Single-parent families have become common.
- The divorce rate has been as high as 50%.
- Women are not as likely to desire large families.

# Changes in a Family

- What year do you think it is?
- The family has been through dramatic changes in the past century, more than in any previous human history.

# Changes in a Family Lifestyle

- Stereotypical roles for men and women have changed.
- Teenage girls are having more babies.
- One-fifth of young American children are raised in poverty.
- The rate of child abuse and neglect has risen.

# Family Changes...Concern to You?

- Which of theses changes worries you the most?
- Which of these changes have you seen in your own family?
- Even though there are many changes and challenges for the American family, there are still many strong, functional families.

### Benefits of a Strong Family

- What do you think of this quote:
  - "A nation is only as strong as its families"
- So what are the benefits to a strong family?
- Supports each other emotionally, physically, and financially.
- Provide training in values, work ethic and responsibility.
- Provide companionship and friendship.

# Benefits of a Strong Family

- Provide role models for positive, responsible behaviors.
- Help distressed family members cope with problems and emotional hard times.
- Help counsel with practical advise based on life's experiences.

### **Making Memories**

- Little events or activities within families can have a dramatic impact on children and adults that will stay with them for the rest of their lives.
- Little things, not necessarily expensive or time-consuming, make memories by the love they show.
- Share some of your "little memories" with the class.

# **Destroy Family Relationships**

- Teens have a great deal of influence concerning the atmosphere in the home.
- What are some things you do that disrupt a happy home life?
- Tied up in knots activity.

#### Summary

- Families come in all shapes and sizes. There is not one that is better than the other.
- The family unit has seen much change over the past several years.
- Find ways to strengthen your family, because we are all interconnected.
- Homework Assignment: Family Fun. Due in one week.