### Station 1: Yogurt Parfaits

Sprinkle a little granola in the bottom of your cup. Put a spoonful of yogurt on top of that. Put a few pieces of fruit on top of that. Layer with one more spoonful of yogurt and then granola on top. (just use enough to fill your one cup)

# Station 2: Colorful Toasted Bread

Cut your bread with the cookie cutters, using the shape that you would like. Paint the bread with colored milk. Toast your painted bread in the toaster provided. Eat and enjoy.

#### Station 3: Edible art

Using the vegetables and toothpicks provided, put together a creation. (can be anything) when you are done, of course, eat it.

### Station 4: Yummy Flower Pot

Mix a few spoonfuls of pudding with a few spoonfuls of cool-whip in your plastic cup. Put 2 cookies in a Ziploc bag and crush them. Mix some in with the pudding. Then stick a gummy worm in your "flower pot" and top with more crumbs.

### Station 5: "Green Surprise"

Fill the clean baby food jar with cold milk. Place a teaspoon or so of instant pudding in the jar of milk. Put the cover on the jar, and shake with all your might. Magically it turns green and thickens. Get a spoon and eat your "green surprise"

#### Station 6: Flavored Popcorn

Take one of the sample raspberry or caramel popcorn balls. Then try your own variety. This includes powdered ranch dressing, cinnamon and sugar, parmesan cheese or cheddar. Put the popcorn in the Ziploc baggie and then add a little flavor. Be creative and have fun.

#### Station 7: Apple Mouths

Spread peanut butter on one side of two slices of apple (each apple should be cut into 8 slices). Place one slice peanut butter side up on a plate. Place the mini marshmallow "teeth" in the peanut butter, and top with the other slice, peanut butter side down.

#### Station 8: Ants on a log

Spread 1/3 stalk of celery with peanut butter. Cover with raisins or chocolate chips.

#### Station 9: Chicken Feed

Follow the given enlarged recipe. Mix together in a Ziploc baggie.

# Station 10: Peanut butter Play Dough (1/2 of the original recipe)

Mix the following ingredients in a Ziploc baggie together. (To mix, simply squeeze)

- 1 Tablespoon Peanut butter
- 1 Tablespoon Karo syrup
- 1 Tablespoon & 2 teaspoons of powdered sugar
- 1 Tablespoon & 2 teaspoons Flour

When you're done you may play with it and then eat your "play dough".

#### Station 11: Bagel Ships

Spread cream cheese on your bagel. (you will use  $\frac{1}{4}$  of a bagel) Cut the cheese into a triangle (your sail). Stick some cream cheese on your pretzel so that the cheese will stick to it. Then stick your pretzel into the bagel (your ship).

# Station 12: Groovy Smoothie (1/4 of original recipe)

Put the following in the blender:

- $\frac{1}{2}$  banana
- ½ cup frozen strawberries
  - 3-4 Tablespoons of yogurt
- 3 Tablespoons of milk

Blend on high speed until mixture is smooth. Pour into little cup and enjoy.