

# Families Unit Notes

1. What is a relationship? \_\_\_\_\_

2. What is the purpose of the family life cycle? \_\_\_\_\_

\_\_\_\_\_

3. List the 8 Stages and Developmental Tasks of the Family Life Cycle.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

e. \_\_\_\_\_

f. \_\_\_\_\_

g. \_\_\_\_\_

h. \_\_\_\_\_

4. What is the definition of a stereotypical family? \_\_\_\_\_

\_\_\_\_\_

What percent of all households are really like this? \_\_\_\_\_ -

5. List an advantage and disadvantage for each family form.

	Advantage	Disadvantage
a. Living Alone	_____	_____
b. POSSLQ	_____	_____
c. Marrying later in life	_____	_____

- d. Couples having children later in life \_\_\_\_\_
- e. Couples with fewer children \_\_\_\_\_
- f. Couples with no children \_\_\_\_\_
- g. Divorced adults \_\_\_\_\_
- h. Single-parent families \_\_\_\_\_
- i. Grown children moving back home \_\_\_\_\_
- j. Grandparents living with families \_\_\_\_\_
- k. Blended families \_\_\_\_\_
- l. Working mothers \_\_\_\_\_

6. List the 7 Secrets of a Strong Family

- a. \_\_\_\_\_ e. \_\_\_\_\_
- b. \_\_\_\_\_ f. \_\_\_\_\_
- c. \_\_\_\_\_ g. \_\_\_\_\_
- d. \_\_\_\_\_

7. What are siblings? \_\_\_\_\_

8. What is sibling rivalry? \_\_\_\_\_

9. The birth order influences the \_\_\_\_\_ of the child.

10. List 4 typical traits for each child.

- a. Oldest Child: \_\_\_\_\_
- b. Middle Child: \_\_\_\_\_
- c. Youngest Child: \_\_\_\_\_

11. How can parents and teens improve relationships? \_\_\_\_\_