

Lesson Plans

#1

CONCEPTS: Introduction to beginning quilting

OBJECTIVE: Students will define “what is a quilt”. Students will name eight different basic quilt blocks.

SUPPLIES: Start to Quilt Book by Alex Anderson

Quilts, Quilts, Quilts by Diana McClun and Laura Nownes

Pre-test on Name the Quilt Block

Dictionary

Work sheet on What is a Quilt?

Collection of quilts to show students

INTRODUCTION AND MOTIVATOR: Write U-A-C-A-Y-C-R-C on the board. Students will work in pairs. The students will come up with the word, or words that these letters spell. The word is ACCURACY. Have one student look this word up in the dictionary. Read the definition from the dictionary. (*group*)

OR

Cut out large letters from poster board spelling ACCURACY. Select four students to come to the front of the class and each hold up two letters, not in order. Have the rest of the class rearrange the letters until they come up with the word “accuracy”. Put the large letters on a wall for the rest of the semester. This will be a constant reminder of the importance of accuracy in quilting.

Discuss the importance of accuracy in quilting

Introduction of quilting: A quilt is like a sandwich. It has three layers: the quilt top, the batting or middle, and the backing.

A quilt top is usually made of 100% cotton cut into many different shapes and sizes. Then it is sewn together by hand or machine. This is called *piecing*.

The middle layer is called batting and is usually polyester or cotton.

The backing is another piece of 100% cotton fabric.

All these layers are then stitched together either by hand or machine. This is called *quilting*.

ACTIVITY	PROCEDURE	TIME
<p>Pre-test – name the quilt block.</p> <p>INTRODUCTION TO QUILTS, personal first thoughts about quilts.</p>	<p>Each student fill out the pre-test with 30 common quilt blocks on it. They can fill out as many as they know. This will not count on their grade, but we will refer to this pre-test many times during the semester. By the end of the semester, students should know all the names of the blocks. <i>(individual)</i></p> <p>Teacher will give short introduction to quilts, the name and description of each layer. Teacher will share her first memories of quilts. Note: It is a good idea to write a page about your first memories of quilts and your feelings about quilting</p>	<p>10 min.</p> <p>20 min.</p>
<p>What is a quilt worksheet?</p> <p>Quilt show:</p>	<p>Students will fill out a worksheet on what is a quilt. <i>(individual)</i> Teacher will also give a brief discussion of <u>What is a quilt?</u> From the book <u>Quilts, Quilts, Quilts. The Complete Guide to Quiltmaking.</u> Page:13</p> <p>Teacher will show several quilts to students. Briefly discuss the quilt blocks, see if you can find any on your pre-test. Briefly discuss the fabrics used in the quilts.</p> <p>Questions from students??</p>	<p>30 min.</p>
<p>Write a page</p>	<p>Assign each student write a page expressing their feelings about quilts. Guidelines and outline:</p> <p>Specify that this paper needs to be one page long, double-spaced, and #12 font. This will be shared with the class in the next class period.</p> <p>Students will share their first memories of a quilt. <i>Who made the quilt that you remember? What are your thoughts and feelings about the fabric, design, color, etc.</i></p> <p>Some will have grandmas who made quilts and others will only have the experience of seeing a quilt for the first time in class.</p>	<p>30 min</p>

SUMMARY:

Emphasize the importance of accuracy. Remember that you must be accurate in the selection of fabric, cutting and sewing.

Review the quilt blocks we will make samples of in class: 4-patch, 9-patch, rail fence, log cabin, courthouse steps, flying geese, half-square triangle, friendship star, and appliqué.

Over the next several class periods, students need to select the quilt block, the colors they want to use and buy the fabric for the quilt they want to make as a project in class. This will be due on the twelfth class period.

For the next class period: Students will need to bring five different fabrics in fat-quarters. These can be from a fabric stash at home or purchased fat-quarters. Students will need a folder for their portfolio. The samples will be made in class.

NOTE: Teach can also provide fabric for the quilt block samples. This fabric can come from left over or unwanted fabric from previous sewing classes.

EVALUATION:

Students will write a paragraph expressing their feelings about quilts. Pre-tests will be collected by teacher, which will not be graded. The pre-test will be given back to students because they will be used this sheet to learn the names of the blocks.

PROCESS QUESTIONS:

When you look at a quilt, how does it make you feel? (Individual and personal)

What is piecing?

A form of patchwork in which pieces of fabric---usually straight-edge, geometric shapes (squares, rectangles, triangles, or diamonds)—are sewn together to form a design.

What are the three layers of a quilt?

The three layers of a quilt are the pieced top, batting, and the backing.

What is the middle layer called?

The batting is the middle layer.

Write a paragraph on **What is a Quilt?**

Add the teachers notes on What is a quilt:

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Note taken from Quilts! Quilts!! Quilts!!! The Complete Guide to Quilt Making by Diana McClun and Laura Nownes.

A quilt is a lot more than just fabric that is stitched together. It is a creation that expresses our personal likes and dislikes, feelings, thoughts and love for someone. It is a bridge that can encourage friendship. It helps our need to be recognized. A quilt can be proudly displayed. It can link the one who stitch before us and those who will carry on our wordless but meaningful description of who we are and how we feel. A quilt is love.

Quilts give us a chance to give service for those who are in need. And finally a quilt can bridge generations of families together.