

Milk and Dairy Test Unit # \_\_\_\_\_

Name \_\_\_\_\_  
Score \_\_\_\_\_

Corrected by \_\_\_\_\_

75 points possible

**True or False (8)**

1. T or F Milk is an excellent source of minerals, vitamins, and proteins.
2. T or F Milk doesn't have an abundant source of calcium.
3. T or F The production and sale of milk is controlled by the Dairy Association.
4. T or F Proper storage of milk will protect the flavor and nutritive value.
5. T or F You can usually save a few cents per quart by buying containers larger than quart size.
6. T or F Cheese, ice cream and other milk products can replace part of the milk you need daily.
7. T or F Yogurt, ice cream and ice milk can replace milk in diets, but at added cost.
8. T or F There is **NO** substitute for milk in the diet.

**Fill-in-the-blanks (23)**

9. \_\_\_\_\_ milk has been heated at a temperature below boiling to destroy harmful organisms. (1)
10. Most whole milk being sold is \_\_\_\_\_ by adding vitamin D. (1)
11. Milk has two general uses. It is used as a \_\_\_\_\_ and as an \_\_\_\_\_ in food. (2)
12. Soup is eaten with a \_\_\_\_\_. It is \_\_\_\_\_ than a teaspoon and \_\_\_\_\_ than a tablespoon. (4)
13. In using a soup spoon, dip the spoon \_\_\_\_\_ from you. (1)
14. After finishing the soup with the soup spoon, place it on the \_\_\_\_\_. (1)
15. Two garnishes served with soup are \_\_\_\_\_ and \_\_\_\_\_. (2)
16. Hot soups should be served \_\_\_\_\_ and cold soups should be served \_\_\_\_\_. (2)
17. Two principles to remember when cooking with milk are: \_\_\_\_\_ and \_\_\_\_\_, (4)
18. An example of a soup made **with meat stock** is \_\_\_\_\_. (1)
19. An example of a soup made **without meat stock** is \_\_\_\_\_. (1)
20. Soups can be purchased in several forms: \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ are three types. (3)

**Definitions (22)**

21. Raw milk -

22. Pasteurized milk -

23. Skim milk -

24. Chocolate milk -

- 25. Evaporated milk -
- 26. Dry whole milk -
- 27. Whole milk -
- 28. Homogenized milk -
- 29. Buttermilk -
- 30. Sweetened condensed milk -
- 31. Nonfat dry milk -

**Short answer (11)**

- 32. Name three nutrients that milk supplies the body with. (3)
- 33. How do you make a medium 1 cup white sauce? (Give recipe ingredients (2) and directions (3))

- 34. What are three uses for a white sauce. (3)

**Miscellaneous (11)**

- 35. Yes or No I was present the day of the test.  
5 points if yes, 0 points if no
- 36. Yes or No I was on time and not tardy the day of the test.  
4 points if yes, 0 points if no
- 37. Yes or No I brought my own writing utensil to class to take this test.  
2 points if yes, 0 points if no

