

Baby Care Items

- ▶ Feeding your infant
- ▶ Other baby care skills
 - Swaddling
 - Sponge Bath
 - Tub Bath
 - Diapering
 - Massaging
 - ▶ Everyone in your group adds one word to the explanation



Thinking Critically Question

- ▶ Discuss in small groups your list of “teachable moments” with toddlers.
 - Determine if the example given is appropriate and why.
 - Be prepared to discuss

Development



Developmental Sequence

- 1) Cephalo-caudal – growth proceeds from head to foot
 - Control hands before feet
 - Think before acting
 - Gets teeth before he walks
- 2) Proximal distal – growth proceeds from near to far
 - Moves whole body, then arms, then hands & feet
- 3) Simple to complex –
 - Talks, reads, writes
 - Lifts head, sits up, creep, crawl, walk, run

Types of Development



► Physical development

- Gross motor skills – use of large muscles
 - Running, jumping, climbing, etc.
- Fine motor skills – use of small muscles
 - Coloring, using fork and knife, etc.

► Intellectual development

- Cognitive development – mental processes through which we think, learn, and communicate

- ▶ Emotional development – involves understanding and responding to our surroundings
 - Smile, cry, laugh, fear, sadness, anger
- ▶ Social Development – Understanding others and learning how to interact
 - “Play is a child’s work”
- ▶ Moral Development – knowing right from wrong

Looking Ahead

► *First Month*

- Turns head to clear nose from bed
- Keeps hands fisted or slightly open
- Few expressions when awake

► *Second month*

- Holds head up while on tummy
- Holds objects with hand
- Smiles and coos

► *Third month*

- Sits when supported
- Turns head to sounds
- Reaches for objects w/ both hands

► *Fourth month*

- Rolls from side to side or to back
- Babbles and laughs
- Clasps fingers and hands in play

► *Fifth month*

- Rolls from front to back
- May sit supported
- Understands own name

► *Sixth month*

- Transfer toy from one hand to next
- Creeps – (army crawl) on tummy
- Stands with support

► *Seventh month*

- Pushes up on hands and knees
- Sits w/ little support
- May say “mama” and “dada”

► *Eighth month*

- Crawls
- Stands leaning against something
- Mimics sounds

► *Ninth month*

- May crawl up stairs
- Feed self
- May understand and respond to some words

► *Tenth month*

- Stands w/ little support
- Repeats some words
- Object permanence “hide and seek”

► *Eleventh month*

- Stands alone – squats and stoops
- Mimics some words

► *Twelfth month*

- *Walks*
- *Points with finger*