

Content	Time	Learning Activities
<p><u>Introduce topic:</u> Family Discipline</p>	5 min	<p>Using worksheet provided, (see <i>attachment</i>) have students fill out the question of how a situation was handled in their family. Then have them fill out how they would have handled it themselves.</p>
<p><u>Power Point:</u> examples to use</p> <ul style="list-style-type: none"> • Reasons for misbehavior: story of child not understanding what parent was saying, so did it anyway. • Consequences: story about situation where child had to learn on their own • Positive statements: situation where parent used a positive statement to get child to do something. • Redirection: share example of how easy it is for young children to just focus on something else • Reverse attention: story of paying attention to the positive things • Limited Choices: giving reasonable choices like “do you want milk or water” instead of “what would you like to drink” • Time out: talking about it, finding out the other side of the story. Share the important parts of a time out and its’ purpose. 	30 min	<p>Have them take notes along with the power point as we talk about it. Make sure that they are paying attention by asking questions along the way, telling stories.</p> <p>The examples are general because each person has different life experiences. Stories work best when they are personal.</p> <p>Encourage class members to also share their stories from their family.</p>
<p><u>Appropriate Behavior Management Techniques:</u> Situations and what to do</p>	20 min	<p>Have each student take a piece of paper with the technique written on it. Then have the student read it to the class and explain what they think it means (see <i>attachment</i>)</p>

<p><u>Roller Boxes</u>: Create a story using a given situation</p>	25 min	<p>means (<i>see attachment</i>)</p> <p>Every two students will be given a situation about Annie's week. They are to illustrate the situation and come up with the correct guidance technique as to how the adult should handle it.</p> <p>When all of the groups are finished, we will tape them all together and watch the "movie" as a class (using a box and paper towel rolls)</p>
<p><u>Summary</u>: Review over the things that you have talked about, having them repeat definitions to the different parenting styles.</p>	5 min	<p>You can make up a formal quiz or just do it orally.</p>