

# A Book About Me

## Summary

Each student will create a book about themselves using the book template.

## Main Core Tie

Social Studies - Kindergarten

[Standard 1 Objective 1](#)

## Materials

- [A Book About Me](#) (pdf)  
, assembled  
Color copied picture of each student  
Crayons (to measure with as well as color with)  
Pencils  
Crayons

## Additional Resources

- *Hop, Skip, Jump*  
, by Nicola Tuxworth; ISBN 075480383X
- *My Two Hands/My Two Feet*  
, by Rick Walton; ISBN 0399233385
- *It's Okay to Be Different*  
, by Todd Parr; ISBN 0316666033
- *Hand, Hand, Fingers, Thumb*  
, by Al Perkins; ISBN 0001712012

## Background for Teachers

The body consists of arms, hands, fingers, feet, etc. Demonstrate how to measure with a crayon.

## Intended Learning Outcomes

4. Develop physical skills and personal hygiene.

## Instructional Procedures

### Invitation to Learn

Place books on the tables with crayons.

### Instructional Procedures

- Discuss different parts of the body.
- Discuss length and how to measure body parts.
- Demonstrate how to make the book.
- Each student will make their own book, A Book About Me!
- Place books in a bookshelf for everyone to read.
- Provide reading time later for students to read each others' books.

## Extensions

- Graph length of different body parts.
- Graph the height of the students.
- Make a 3D Tin Foil Man.

Take a piece of tin foil and make four tears.  
Squish the tin foil into two arms, two legs, and a head.  
Place a piece of pipe cleaner in one of the arms or legs.  
Secure in a block or piece of Styrofoam.  
Position your tin man into an action.  
Write a sentence about what your tin man is doing.

#### Family Connections

Measure a family member at home.  
Make another tin foil man at home.

#### Assessment Plan

Does the student use the ruler the right way?  
Is the student able to identify the various body parts?

#### Authors

[Utah LessonPlans](#)