

Can You Do It? I Can Do It!

Summary

This activity focuses on physical movements. Students will make the same movements that different animals would make.

Materials

- [Pictures of Animals](#) (pdf)
- [Pictures of Actions](#) (pdf)
- *From Head to Toe*
, by Eric Carle

Additional Resources

Books

- *From Head to Toe*
, by Eric Carle; ISBN 0694013013
- *Clap Your Hands*
, by Lorinda Bryan Cauley; ISBN 0399237100
- *How Can You Dance*
, by Rick Walton; ISBN 039923229X
- *I Can Do It Too!*
, by Karen Baicker; ISBN 1929766831
- *Silly Sally*
, by Audrey Wood; ISBN 015019901

Background for Teachers

We can make all kinds of movements with our bodies. We can make some movements like animals.

Intended Learning Outcomes

4. Develop physical skills and personal hygiene.
6. Communicate clearly in oral, artistic, written, and nonverbal form.

Instructional Procedures

Invitation to Learn

Place Pictures of Animals and Pictures of Actions around the room or on a table. Ask how these items go together.

Instructional Procedures

This activity focuses on physical movements. Students will make the same movements that different animals would make.

Read *From Head to Toe*.

Recall the story by asking questions about what actions the animals do.

Reread the story, imitating the actions.

Ask students their favorite actions and why.

Students can make up a pattern by performing the different actions.

Extensions

Sing *I Can Do It!* (Tune: "Where is Thumbkin")

I can do it!

I can do it!

Yes, I can!

Yes, I can!

Everyone can do it!

Everyone can do it!

Yes, we can!

Yes, we can!

Imitate their favorite animal movements.

Draw a self portrait and identify the different body parts.

Sing *Head, Shoulders, Knees, and Toes*.

Graph the favorite actions of the students.

Make pencil streamers.

Family Connections

Send home matching game.

Sing *Head, Shoulders, Knees, and Toes*.

Assessment Plan

Match animal to the correct action.

Identify different body parts.

Authors

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