Safe Work Habits and First Aid - Level II

Summary
Safe work habits and methods of first aid

Background for Teachers
Accidents are prevented when safe work habits are practiced; at the same time, it is important to know what to do for an accident victim.
Most accidents fall into the following six categories: falls, cuts, fires/burns, choking, poisoning, electric shock. If an accident happens it is important stay calm, know first aid procedures and, if necessary, locate and use a fire extinguisher.

Instructional Procedures
ACTIVITIES

To assess student knowledge, ask questions prior to the lesson - KITCHEN MANAGEMENT PRE-ASSESSMENT.
Set up 15-20 safety hazards in one kitchen unit to introduce safety. Play a tape recording which spells out a secret mission (like those given on the old Mission Impossible TV program). Then, each student will quietly write down 15-20 safety hazards they see in one kitchen unit. See the list of safety hazards. Students/teacher will go over the hazards together.
Have students complete the KITCHEN SAFETY SORT. Each unit is given an envelope with safe and unsafe sentences. They will sort them into two piles--a safe and unsafe pile. Then students and teacher discuss the sentences together. The sort covers falls, cuts, burns and choking.
Each student could complete a copy of JULIE'S ELECTRICAL AND POISONOUS HAZARDS. Debrief aloud.
List the six types of accidents on the board (falls, cuts, fires/burns, choking, poisoning, electric shock). Appoint one scribe per group. The students brainstorm various ways each accident could occur. Then, the teacher goes over the first aid procedures.
Student volunteer(s) assist the teacher in demonstrating the abdominal thrust maneuver for a victim who is standing, all alone, and almost unconscious. A doll can be used to illustrate the procedure on an infant.

Bibliography
Content from: *Food for Today* by Kowtaluk and Kopan, Bennett & McKnight Publishing Co. 1990 pp. 192-207, 126-157

Authors
Utah LessonPlans
Cindy Tegge