Hygiene lesson

Summary
This lesson will demonstrate how easily germs are spread.

Main Core Tie
Health Education - Kindergarten
Strand 6: HUMAN DEVELOPMENT (HD) Standard K.HD.1:

Additional Core Ties
Health Education - 1st Grade
Strand 6: HUMAN DEVELOPMENT (HD) Standard 1.HD.1:

Time Frame
1 class periods of 15 minutes each

Group Size
Large Groups

Life Skills
Social & Civic Responsibility

Materials
Ball
Glow-Germ Kit, including glow germ and black light.

Student Prior Knowledge
Germs are bad.
Germs make you sick.

Intended Learning Outcomes
To see how easily germs are spread.

Instructional Procedures
Apply Glogerm to the ball. And pass it around to all the students, have fun letting the children play with the ball. After playing with the ball, continue with an alternate lesson. Before lunch, show the children where the glo-germ has ended up by turning off the lights and turning on a black light. Allow the children to see how there is glogerm on their hands, desks, faces, etc. Then let them wash their hands for lunch.

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