

Hygiene lesson

Summary

This lesson will demonstrate how easily germs are spread.

Main Core Tie

Health Education - Kindergarten

[Strand 6: HUMAN DEVELOPMENT \(HD\) Standard K.HD.1:](#)

Additional Core Ties

Health Education - 1st Grade

[Strand 6: HUMAN DEVELOPMENT \(HD\) Standard 1.HD.1:](#)

Time Frame

1 class periods of 15 minutes each

Group Size

Large Groups

Life Skills

Social & Civic Responsibility

Materials

Ball

Glow-Germ Kit, including glow germ and black light.

Student Prior Knowledge

Germs are bad.

Germs make you sick.

Intended Learning Outcomes

To see how easily germs are spread.

Instructional Procedures

Apply Glogerm to the ball. And pass it around to all the students, have fun letting the children play with the ball. After playing with the ball, continue with an alternate lesson.

Before lunch, show the children where the glo-germ has ended up by turning off the lights and turning on a black light. Allow the children to see how there is glogerm on their hands, desks, faces, etc.

Then let them wash their hands for lunch.

Authors

[Nadia Bonn](#)