Cyber-Bullying: What To Do

Summary
Students will learn what cyber-bullying is, the consequences of it, and how to handle a cyber-bullying situation effectively.
Activities are provided which take students through real-life situations. They have the opportunity to evaluate how they might feel and how they would act in certain situations.

Main Core Tie

Health Education I (7-8)
Strand 3: SAFETY AND DISEASE PREVENTION (SDP) Standard HI.SDP.3:

Additional Core Ties

Health Education I (7-8)
Strand 3: SAFETY AND DISEASE PREVENTION (SDP) Standard HI.SDP.4:

Time Frame

1 class periods of 45 minutes each

Group Size

Small Groups

Life Skills

Communication, Character, Social & Civic Responsibility

Materials

The following activity sheets provide real-life scenarios for the students to discuss.

Background for Teachers

Teachers may want to preview the video on Megan Meier and look over the activity sheets prior to introducing this lesson to their students.

Intended Learning Outcomes

Students will be able to recognize cyber-bullying, understand the consequences, and demonstrate effective methods of solving the problem.

Instructional Procedures

Introduction:
Review the definition of cyber-bullying with your students.
Cyber-bullying: using technology to harass, intimidate, or threaten another person.
Show students the video about Megan Meier, a victim of cyber-bullying.
I. Identify different types of technology used in cyber-bullying.
     text messages
     instant messaging
     social networking sites
     e-mails
II. What problems can be created by cyber-bullying?

Pair--Square--Share Activity:
Give each student one of the three activity sheets found in the materials section of this lesson plan.
Ask students to read through the scenario and answer the questions on their own.
Have each student share their solution to the problem with a partner who studied the same scenario.
Next, have 2 pairs who were given the same scenario share their solutions.
Finally, have all students in the class who were given the same scenario (8-10 in each group) share the solutions generated and vote on the best solution.
Each group should choose a spokesperson to describe the scenario to the class and then explain the solution agreed upon by the group.

Strategies for Diverse Learners
The gifted student can act as a mentor for the struggling student as they share their ideas.

Extensions
Visit: http://www.nsteens.org

Assessment Plan
Have the students turn in the completed CyberSmart activity sheets.
Students may be given a participation grade based on their work in the group discussion and the presentation to the class.

Bibliography
This lesson plan was adapted from CyberSmart! cybersmartcurriculum.org

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