

Inherited vs. Acquired influences

Summary

Students will be able to define inherited and acquired and know if their body shape is acquired or inherited. The students will also learn factors that influence their body shape.

Main Core Tie

Health Education - 5th Grade

[Strand 5: NUTRITION \(N\) Standard 5.N.5:](#)

Time Frame

1 class periods of 30 minutes each

Materials

PPT

paper & pencil

Student Prior Knowledge

Know what it means to be healthy

Intended Learning Outcomes

Students will be able to recognize what traits are inherited vs. acquired.

Instructional Procedures

Discuss the definition of heredity, inherited, and acquired

Show the powerpoint presentation

Have students make a list of 5 traits that they have inherited and 2 traits that are acquired

At the bottom of their list have students write one way they can improve their health and maintain a healthy body shape.

Strategies for Diverse Learners

Students can draw their traits or show the teacher and the teacher can write the trait.

Assessment Plan

Students will be assessed based on participation and completion of the assignment.

Authors

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