Inherited vs. Acquired influences

Summary
Students will be able to define inherited and acquired and know if their body shape is acquired or inherited. The students will also learn factors that influence their body shape.

Main Core Tie
Health Education - 5th Grade
Strand 5: NUTRITION (N) Standard 5.N.5:

Time Frame
1 class periods of 30 minutes each

Materials
- PPT
- paper & pencil

Student Prior Knowledge
Know what it means to be healthy

Intended Learning Outcomes
Students will be able to recognize what traits are inherited vs. acquired.

Instructional Procedures
- Discuss the definition of heredity, inherited, and acquired
- Show the powerpoint presentation
- Have students make a list of 5 traits that they have inherited and 2 traits that are acquired
- At the bottom of their list have students write one way they can improve their health and maintain a healthy body shape.

Strategies for Diverse Learners
Students can draw their traits or show the teacher and the teacher can write the trait.

Assessment Plan
Students will be assessed based on participation and completion of the assignment.

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