

# FACS: Emotions

## Summary

Learning to recognize emotions in ourselves and others helps us know how to act in different situations.

## Main Core Tie

FCS 6th Grade

[Strand 3 Standard 1](#)

## Time Frame

1 class periods of 70 minutes each

## Life Skills

Communication

## Materials

copies of facial emotions

## Intended Learning Outcomes

Students will be able to identify how someone feels and respond appropriately.

Students will learn how to manage their own feelings.

## Instructional Procedures

## Strategies for Diverse Learners

Role-play different emotional situations and how to respond to them.

Have each student draw an emotion. Let other students guess what it is.

Have students draw storyboards or comics with different ways to handle emotional situations.

Identify emotions in different magazine pictures and answer the following questions:

What is happening now?

Who are the people and how do they feel?

What happened before?

What might happen next?

What will you do or say?

## Assessment Plan

Students will correctly identify emotions in themselves and others and make a plan for how to deal with it.

## Authors

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