

"You're not invited to my birthday party!"

Summary

Early elementary children often feel defeated when a friend treats them poorly. Unsure of how to respond to their hurt, they sometimes respond by saying, "You're not invited to my birthday party." This lesson will give students the tools to respond effectively to conflict.

Main Core Tie

Health Education - 3rd Grade

[Strand 1: HEALTH FOUNDATIONS AND PROTECTIVE FACTORS OF HEALTHY SELF \(HF\) Standard 3.HF.2:](#)

Time Frame

3 class periods of 30 minutes each

Group Size

Small Groups

Life Skills

Communication, Character

Materials

Healthy Living Teacher's Manual for Unit 2, Lesson 10

Flip Video Cameras

Task Cards (one per group)

Background for Teachers

Consider using one video and following discussion per day in your morning routine. Get the students thinking about how to resolve conflicts as they come up during the day.

Student Prior Knowledge

Students will have been led through a discussion on the topic of anger as outlined in the Unit 2 Lesson 10 lesson plan.

Intended Learning Outcomes

Students will see each other in videos they recorded themselves with an approach to resolving conflict and an ineffective way to handle a conflict. These examples and non examples will help give them the tools to resolve their own conflicts. By using and sharing the videos they will also be practicing valuable technology uses.

Instructional Procedures

Teacher will provide each group of 4 students a task card which explains the 3 class sessions use of time.

Rubrics

[Conflict Resolution](#)

Bibliography

Ezell, G, Beebe, T, Brassler, J, DeBoer, J, & Gergolas, C. (1993).
Healthy Living 3: Building Blocks for Health. Grand Rapids, MI: Christian Schools International.

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