

Proper Measuring Techniques with Correct Equipment

Summary

Students will demonstrate comprehension of equivalents, measuring equipment, and proper techniques for accurate measuring and be able to apply them to various recipe situations.

Main Core Tie

Dietetics and Nutrition 1

[Strand 1 Standard 2](#)

Materials

Liquid and dry measuring cups, spoons, scales, flour, powdered sugar, ingredients for pancakes

Intended Learning Outcomes

Students will demonstrate comprehension of equivalents, measuring equipment, and proper techniques for accurate measuring and be able to apply them to various recipe situations.

Instructional Procedures

See attached lesson plan and worksheets

Authors

[Nikki Sue Larkin](#)

[Mandy Richardson](#)

[HEIDI WEIGHT](#)