Communication

Summary
The basic concepts of communication. How to improve communication. Body language and the messages we are sending.

Main Core Tie
Health Education I (7-8)
Strand 1: HEALTH FOUNDATIONS AND PROTECTIVE FACTORS OF HEALTHY SELF (HF) Standard HI.HF.3:

Additional Core Ties
Health Education I (7-8)
Strand 1: HEALTH FOUNDATIONS AND PROTECTIVE FACTORS OF HEALTHY SELF (HF) Standard HI.HF.4:

Time Frame
1 class periods of 70 minutes each

Group Size
Large Groups

Life Skills
Communication

Background for Teachers
Basics of communication: Sender, Receiver

Instructional Procedures
Instruct the students about the basics of communication.
Sender/receiver
Misunderstandings
How to communicate when there is a conflict.
How to get what you want.
Body Language

Assessment Plan
Have the students create a video that will teach the concepts of communication that they have learned.

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