Family Dynamics

Summary
Families come in all shapes and sizes. There is not one family type that is better than another. The family unit has changed much over the last several years. Find ways to strengthen your family, because you are all interconnected.

Main Core Tie
Teen Living
Strand 2 Standard 1

Time Frame
1 class periods of 70 minutes each

Group Size
Individual

Life Skills
Thinking & Reasoning, Communication

Materials
  Bell Ringer Cards for each student
  Family Dynamics PowerPoint Presentation
  Napkins (one per student)
  Donuts (one per student)
  Family Dynamics Study Guide Handout
  Family Settings Information Sheet
  Changes Affecting Families Information Sheet
  Ball of Yarn per group (five students per group)
  Family Fun Homework Assignment

Intended Learning Outcomes
Explain how a teen's responsibility, or lack of it, affects others. Examine family forms and dynamics. Identify ways teenagers can improve or destroy family relationships and the home environment.

Instructional Procedures
Teacher and student step-by-step instructions are found below in the "Family Dynamics Lesson Plan" attachment.

Assessment Plan
Assign the students the homework assignment, "Family Fun". It will be due next class period.

Bibliography
Teen Living Curriculum Guide
from the Utah State Office of Education

Authors