Teens and Parents

Summary
Teenagers will always struggle to find their independence. Just remember, increased freedom = increased responsibility. Parents have many roles to fulfill. Make sure you are part of the solution and not the problem. Choose effective methods of communication with your parents.

Main Core Tie
Teen Living
Strand 2 Standard 2

Time Frame
1 class periods of 70 minutes each

Group Size
Individual

Life Skills
Thinking & Reasoning, Communication, Character, Social & Civic Responsibility

Materials
Bell Ringer Cards for each student
Teens and Parents Study Guide Handout
My Declaration of Independence Handout
Teens and Parents PowerPoint Presentation
How to Win With Parents Role Play Script
Family Feud Game Instructions
How Well Do You Know Your Parents? Handout

Intended Learning Outcomes
Discuss a teenager's struggle for independence. Discuss how parents have the same basic needs as teens in their multiple roles and how teens can contribute to or relieve parental stress. Explore effective methods of communicating and building trust with parents.

Instructional Procedures
Teacher and student step-by-step instructions are found below in the "Teens and Parents Lesson Plan" attachment.

Assessment Plan
Students will complete the homework assignment, "How Well Do You Know Your Parents?". Explain this assignment to the students. It will be due next class period.

Bibliography
Teen Living Curriculum Guide
from the Utah State Office of Education

Authors