Social Rejection

Summary
Being alone, feeling lonely and feeling rejection are all very different experiences. If you are feeling lonely or rejection there are positive ways to cope with your situation.

Main Core Tie
Teen Living
Strand 3 Standard 2

Time Frame
1 class periods of 70 minutes each

Group Size
Individual

Life Skills
Thinking & Reasoning, Character, Social & Civic Responsibility

Materials
- Bell Ringer Cards for each student
- Where’s My Group Handouts
- Social Rejection PowerPoint Presentation
- Social Rejection Study Guide Handout
- Feeling Lonely or Being Alone Case Studies
- Reasons for Rejection Teacher Information
- Ways to Cope Teacher Information
- Rejection in the News Homework Assignment

Intended Learning Outcomes
Identify circumstances that might lead to social rejection and examine ways to cope positively with these situations.

Instructional Procedures
Teacher and student step-by-step instructions are found below in the "Social Rejection Lesson Plan" attachment.

Assessment Plan
Encourage the students to participate in the activities and record notes on their study guide from the PowerPoint presentation. The homework assignment is "Rejection in the News". Hand out the assignment, review and explain how it is to be done. This assignment will be due next class period.

Bibliography
- Teen Living Curriculum Guide
  from the Utah State Office of Education
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