

Quick Decision Making

Summary

Students will create, using Showme iPad application, a 5 slide narrated presentation about the quick decision making tool HELP. Is it healthy? Is it ethical? Is it legal? Would my parents approval?

Main Core Tie

Health Education I (7-8)

[Strand 1: HEALTH FOUNDATIONS AND PROTECTIVE FACTORS OF HEALTHY SELF \(HF\) Standard HI.HF.2:](#)

Time Frame

1 class periods of 90 minutes each

Group Size

Pairs

Life Skills

Thinking & Reasoning, Character

Materials

ipads or ipods for every 2 students
Access to a computer lab is recommended

Background for Teachers

Teachers will need an understanding of ShowMe and ipod/ipad usage. See tutorial link.

Student Prior Knowledge

Students will have a prior knowledge of the decision making process to include: H.E.L.P Healthy Ethical Legal Parental Approval

Intended Learning Outcomes

Objective 1 Develop strategies for a healthy self-concept. Students will be able to use the H.E.L.P. strategy to make effective quick decisions.

Instructional Procedures

Step 1

Students will learn how to use ShowMe

- a) teacher's instruction
- b) watching tutorial

Step 2

Students will review the H.E.L.P. decision making strategy (pg. 28 Glencoe Health 3 2009 textbook)

Step 3

Students will plan their ShowMe presentation that will demonstrate their knowledge of the H.E.L.P strategy.

Step 4

Students will create their ShowMe presentation

Step 5

Students will show their presentation to the class.

Strategies for Diverse Learners

Students wishing to expand on the H.E.L.P concept can create an extra presentation that demonstrates its use in a particular situation.

Assessment Plan

The finished ShowMe presentation will be the assessment learning tool.

Rubrics

[Multimedia Presentation Rubric](#)

Bibliography

UEN.org

UEN lesson Plans

SHOWME. iPad app

Authors

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