Quick Decision Making

Summary
Students will create, using Showme iPAD application, a 5 slide narrated presentation about the quick decision making tool HELP. Is it healthy? Is it ethical? Is it legal? Would my parents approval?

Main Core Tie
Health Education I (7-8)
Strand 1: HEALTH FOUNDATIONS AND PROTECTIVE FACTORS OF HEALTHY SELF (HF) Standard HI.HF.2:

Time Frame
1 class periods of 90 minutes each

Group Size
Pairs

Life Skills
Thinking & Reasoning, Character

Materials
- ipads or ipods for every 2 students
- Access to a computer lab is recommended

Background for Teachers
Teachers will need an understanding of ShowMe and ipod/ipad usage. See tutorial link.

Student Prior Knowledge
Students will have a prior knowledge of the decision making process to include: H.E.L.P Healthy Ethical Legal Parental Approval

Intended Learning Outcomes
Objective 1 Develop strategies for a healthy self-concept. Students will be able to use the H.E.L.P. strategy to make effective quick decisions.

Instructional Procedures
Step 1
Students will learn how to use ShowMe
   a) teacher’s instruction
   b) watching tutorial
Step 2
Students will review the H.E.L.P. decision making strategy (pg. 28 Glencoe Health 3 2009 textbook)
Step 3
Students will plan their ShowMe presentation that will demonstrate their knowledge of the H.E.L.P strategy.
Step 4
Students will create their ShowMe presentation
Step 5
Students will show their presentation to the class.

**Strategies for Diverse Learners**
Students wishing to expand on the H.E.L.P concept can create an extra presentation that demonstrates its use in a particular situation.

**Assessment Plan**
The finished ShowMe presentation will be the assessment learning tool.

**Rubrics**
Multimedia Presentation Rubric

**Bibliography**
- UEN.org
- UEN lesson Plans
- SHOWME. iPad app

**Authors**
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