

# Vocabulary of a Healthy Lifestyle

## Summary

This is a lesson plan teaching students the concepts of print. They will be able to distinguish letters from words and words from sentences. Integrating important vocabulary dealing with a healthy lifestyle is also incorporated.

## Materials

You will need to be able to use a Prezi presentation for this Lesson. Other than that you will just need a white board, pencils and paper, and some dry erase markers.

## Intended Learning Outcomes

The intended learning outcome for this lesson is for the students to be able to distinguish the difference between letters, words, and sentences. They will also learn a view vocabulary words that have to do with living a healthy life style. They will learn that letters can make words and words can make sentences. Eventually they will use this knowledge to become better readers and better writers.

## Instructional Procedures

Step 1: Ask your students what they think describes a healthy life style. Have them come up with four topics that describe a healthy lifestyle. ( I chose getting sleep, taking a shower, doing fun activities, and getting ready for the day.)

Step 2: Split your classroom into four groups and assign each group to a different topic that your class came up with so there is one topic per group.

Step 3: Call on 4 individual students from each group to come up to the board and write their sentences. (Make sure the students space them out so that you have room to draw a circle around the sentences for the 4 webs you are going to make later.)

Step 4: Next draw a circle around all the sentences and draw 5 lines sticking out of the circle. ( Like a story web. It looks somewhat like a spider with a sentence on his body. )

Step 5: Have the students then come up with 5 words for their topic sentence that have to do with the topic. For example: for the sentence, "You should take a shower every day," the group can come up with words like soap, nozzle, drain, scrub, wash, ect...

Step 6: Once the groups have come up with 5 words for each sentence, have them come up and write their words at the end of the line coming from the circled sentence of their topic and have them go sit back down. (you may need to model steps 5 and 6 and give some examples so they have a better idea of what to do.)

Step 7: You will now have their groups come up with 5 sentences using the words you and your students chose. For example: Lets say one of the words you picked was word, "wash." You would then have your students come up with a sentence like, "I wash my hair in the shower." (Make sure they write their sentences down individually on their own pieces of paper for assessment purposes as well.)

**Step 8: Once all the webs are filled out and completed on the board, go through and write all the vocabulary words on flashcards and Mix them up. Project your computer screen to the wall. You will be using prezzi to organize your word webs as a class project. You will be organizing it as it is too complicated for first graders.**

**Step 9: Have your students randomly draw a flashcard with a word on it out of a box or hat, and then have them tell you where it goes on your prezzi board. Once all the words are placed in the right category and all sentences are organized in their correct topic, put the prezzi on presentation mode and have them go through and read the sentences throughout the**

**presentations as a class.(you are basically transferring everything from the white board to the prez and making everything look cooler with your class.)**

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