

# 2013 BUSINESS-Economic Impact in Healthcare (H.S.)

## Summary

We are living during a time where there is an increasing childhood obesity epidemic. According to the National Association of State Boards of Education, the obesity rate for children ages 6 to 11 has more than quadrupled over the past 40 years. Students will have the opportunity to reflect on their lifestyle and food choices. Students will record responses and create graphs.

## Time Frame

1 class periods of 45 minutes each

## Group Size

Individual

## Life Skills

Thinking & Reasoning, Social & Civic Responsibility

## Materials

Computer for each student

## Background for Teachers

This lesson will have students: Explore the economic impacts of the healthcare industry. Explore related career Pathways leading to college and career options.

## Intended Learning Outcomes

Explore the economic impacts of the healthcare industry. Explore related career Pathways leading to college and career options.

## Instructional Procedures

Preview video to make sure technology is working.

1. Watch the video "Childhood Obesity Quality Physical Education as a Solution".
2. Have the students complete the listening guide while watching the video.
3. Complete an activity graphing student responses about childhood obesity:
  - a. Go to [www.polleverywhere.com](http://www.polleverywhere.com) to ask student questions, or create a form on google docs (<http://goo.gl/WYK1C>) where students can submit answers. i. Students need to ask questions to their peers in class, record their answers on a spreadsheet, or have students complete the survey on google docs.
  - ii. Students will complete the survey and questions to evaluate how healthy their lifestyles are.
  - iii. The following questions are sample questions the students can ask and record on their spreadsheet:
    1. How many fruits and vegetables have you had in the last 24 hours?
    2. How many times have you eaten out in the last week?
    3. How many glasses of water have you had today?
    4. How many days during the last week have you exercised?
  - iv. After students complete their spreadsheet with their responses, have the students evaluate if there are changes they need to make to live healthier.
4. If there is time left in class, review the handout, "Healthy Weight Loss Tips for Kids". Have the

students set a goal with one or two of these tips.

Authors

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