Bullying- Mental/ Emotional Health

Summary
Understand what bullying is, how to help a peer or yourself. Understand some of the consequences that come with bullying.

Main Core Tie
Health Education I (7-8)
Strand 2: MENTAL AND EMOTIONAL HEALTH (MEH)

Time Frame
2 class periods of 45 minutes each

Group Size
Small Groups

Life Skills
Thinking & Reasoning, Communication, Character, Social & Civic Responsibility

Materials
Journals
video
role play cards

Background for Teachers
Need to know students who have been bullied or that this is a very touch subject for many students.

Student Prior Knowledge
vocabulary for unit

Intended Learning Outcomes
Who students can go to if they are being bullied, or if students witness another person being bullied. Also, what you can say to a bully or how help someone who is being bullied

Instructional Procedures
Start with a Journal question about bullying (essential question).
Review vocabulary words from day before.
Have students share with one person their response.
Ask the class to mention different scenarios that could be viewed as bullying.
Watch a short video about bullying, how it can affect people, how YOU can help and stop bullying, also what you can say.
Talk about role playing for next class. Think about the video and how you can respond.

Assessment Plan
Here is my assessment. This is not a traditional test because I want to know if students learned any behaviors that can help with bullying besides a multiple choice test.
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