Pregnancy

Summary
Symptoms of pregnancy along with changes the mother will experience. Stages of pregnancy in terms of fetal development.

Main Core Tie
Adult Roles And Responsibilities
Strand 5 Standard 2

Time Frame
2 class periods of 70 minutes each

Background for Teachers
The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

Intended Learning Outcomes
Growth and changes during the three trimesters of pregnancy. Prenatal - 40 weeks. Stages: zygote, embryo, fetus. First trimester. Symptoms of pregnancy: nausea, frequent urination, missed menstrual period, etc. Formation of major organs including the heart, formation of face, and long bones. Second trimester mother experiences mood swings, baby's movements are noticeable - muscles, eyes, and ears are complete. Third trimester mother's abdomen enlarges and fatigue is common. Weight gain for entire pregnancy is 25-35 lbs. Baby drops during the last month. Pregnancy Issues: toxemia, ectopic pregnancy, stillborn, spontaneous abortion.

Instructional Procedures
Day 1: Journal, Text, Video Clips -- Father of the Bride 2, Unit Notes and Discussion. Day 2: Pregnancy Station Rotations

Authors
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