Labor and Delivery

Summary
Stages of labor and delivery. Symptoms the mother might experience.

Main Core Tie
Adult Roles And Responsibilities
Strand 5 Standard 3

Time Frame
2 class periods of 70 minutes each

Background for Teachers
The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

Intended Learning Outcomes
Labor and delivery. An epidural is the most commonly used anesthesia. Terms: stages of delivery, dilation, afterbirth, obstetrician; pediatrician, episiotomy, nurturing and bonding/postpartum. Define nurturing and bonding. Touch is critical in the bonding process. Postpartum symptoms.

Instructional Procedures
Day 1: Journal, Text, Video Clip -- Father of the Bride 2, Unit Notes and Discussion, Video Clip -- The Incredible Human Machine by National Geographic. Day 2: Fieldtrip to Hospital

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