

Self-Management B Unit

Summary

This unit includes Stress, Depression/Suicide, Adolescence, Refusal Skills, and Stages of Development.

Main Core Tie

Adult Roles And Responsibilities

[Strand 1](#)

Time Frame

7 class periods of 70 minutes each

Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

Authors

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