Self-Management B Unit

Summary
This unit includes Stress, Depression/Suicide, Adolescence, Refusal Skills, and Stages of Development.

Main Core Tie
Adult Roles And Responsibilities
Strand 1

Time Frame
7 class periods of 70 minutes each

Background for Teachers
The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

Authors
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