Self-Concept / Self-Esteem

Summary
One of the most important tasks of a parent is to preserve a child's self-concept. All other tasks refer back to this important idea.

Main Core Tie
Child Development
Strand 1 Standard 2

Time Frame
1 class periods of 90 minutes each

Life Skills
Communication

Intended Learning Outcomes
Be able to define self concept and self esteem. Understand the role and importance of self esteem in personal development and growth

Instructional Procedures
Use the following outline during the lesson on self concept/self esteem.

Assessment Plan
This lesson provides an opportunity for students gather some ideas on Self-Concept. Have them complete the study guide.

Bibliography
Utah Curriculum Guide

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