

# Self-Concept / Self-Esteem

## Summary

One of the most important tasks of a parent is to preserve a child's self-concept. All other tasks refer back to this important idea.

## Main Core Tie

Child Development

[Strand 1 Standard 2](#)

## Time Frame

1 class periods of 90 minutes each

## Life Skills

Communication

## Intended Learning Outcomes

Be able to define self concept and self esteem. Understand the role and importance of self esteem in personal development and growth

## Instructional Procedures

Use the following outline during the lesson on self concept/self esteem.

## Assessment Plan

This lesson provides an opportunity for students gather some ideas on Self-Concept. Have them complete the study guide.

## Bibliography

Utah Curriculum Guide

## Authors

[Jason Skidmore](#)