Health & Wellness

Summary
The health, safety and well-being of children is important. Children who are in good health are able to develop properly intellectually, socially, and emotionally.

Main Core Tie
Child Development
Strand 5 Standard 1

Additional Core Ties
Child Development
Strand 7 Standard 1
Child Development
Strand 7 Standard 2

Time Frame
2 class periods of 90 minutes each

Background for Teachers
Teacher should understand the need for immunizations, the importance of first aid, proper nutrition and car seat safety.

Intended Learning Outcomes
Students will understand the need for proper immunizations, good nutrition and other safety concerns.

Instructional Procedures
Day 1 will introduce childhood illnesses and immunizations. Day 2 will cover first aid, nutrition, and car seats.

Assessment Plan
After students complete the reading of "Childhood Illnesses," they will match the symptoms with the correct illness, disease or health concern.

Bibliography
Utah Curriculum Guide

Authors
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