

# The Microwave

## Summary

Students will identify advantages and disadvantages of microwave cooking. They will apply principles of microwave cooking in food preparation.

## Time Frame

2 class periods of 45 minutes each

## Group Size

Small Groups

## Materials

Supplies for lab.

## Background for Teachers

Complete the lecture found on the attachment.

## Student Prior Knowledge

Knowledge of basic cooking terms and equipment.

## Intended Learning Outcomes

Students will learn how to make a food product using a microwave oven.

## Instructional Procedures

Have students complete the worksheet, "Microwave Match Up."

## Authors

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