

# Elderly

## Summary

This lesson discusses positive and negative aspects of the elderly and options to care of them. This is part of the Crisis Management Unit (CM).

## Main Core Tie

Adult Roles And Responsibilities

[Strand 4 Standard 6](#)

## Time Frame

1 class periods of 70 minutes each

## Materials

Senior Citizen Activity is the Aging Simulation in the Curriculum Guide.

## Background for Teachers

The textbook used is, "Strengthening Family and Self" published by Goodheart-Willcox.

## Intended Learning Outcomes

Recognize positive and negative attributes of aging and critique care options. CHARACTERISTICS AND MISCONCEPTIONS: physical changes - the majority of people aged 65 and older are in good health; some changes may include hearing loss, changes in chemical composition of bones, and loss of elasticity in the skin; emotional changes - loss of short-term memory, loss of independence, increased difficulties; in learning new information, more likely to think clearly if they have been active learners all their lives, are concerned about the future, respond to the self-fulfilling prophecy (which means they will become what you expect them to become); sexual changes - males go through physical changes similar to those of the women during menopause; this term is known as climacteric; financial changes - decrease in income. CARE OPTIONS: identify various types of care options: nursing home, retirement community, etc.; questions to ask when finding care of an elderly adult are: "Is the building clean and sanitary?", "Are the patients happy and well-cared for?", "Is there sufficient medical care provided?"; elderly adults who live with family members may attend centers that provide care during the day.

## Instructional Procedures

Journal, Text, Book-"You're Only Old Once" by Dr. Seuss, Old Age Quiz, Aspects of Aging, Senior Citizens Activity, and Internet quiz.

## Authors

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