

# Goal Setting - Mission Statement

## Summary

Lesson on how to write a personal mission statement, decide on a personal hero, and combat fear. Could be used at the end of the year after the State Test.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 1 Standard 3](#)

## Time Frame

3 class periods of 60 minutes each

## Group Size

Large Groups

## Life Skills

Thinking & Reasoning, Social & Civic Responsibility

## Materials

Power point projector and access to Internet computer lab. Video machine to show first few minutes of "Jerry Maquire" movie where he has an epiphany and writes his mission statement. "Go Above & Beyond" video from Nuskin highlights famous people. "Follow Your Heart" video from Nuskin is about ignoring negative comments and following your dreams.

## Background for Teachers

The chapter in Covey's book on Mission Statements and viewing the various web sites would be helpful.

## Student Prior Knowledge

Awareness of mission statements and what they are.

## Intended Learning Outcomes

Students will write a paper on their personal hero, a paper on their fears, and a personal Mission Statement.

## Instructional Procedures

See lesson plan.

## Assessment Plan

Rubric on Traits of Writing to help students write a good essay. Rubric for their mission statement.

## Rubrics

[mission statement rubric](#)

## Bibliography

"7 Habits of Highly Effective Families" by Stephen Covey and various web sites. "Maximum

Achievement" by Brian Tracy. "The Psychology of Winning" by Dr. Denis Waitley.

Authors

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