Goal Setting - Mission Statement

Summary
Lesson on how to write a personal mission statement, decide on a personal hero, and combat fear. Could be used at the end of the year after the State Test.

Main Core Tie
Adult Roles And Responsibilities
Strand 1 Standard 3

Time Frame
3 class periods of 60 minutes each

Group Size
Large Groups

Life Skills
Thinking & Reasoning, Social & Civic Responsibility

Materials
Power point projector and access to Internet computer lab. Video machine to show first few minutes of "Jerry Maquire" movie where he has an epiphany and writes his mission statement. "Go Above & Beyond" video from Nuskin highlights famous people. "Follow Your Heart" video from Nuskin is about ignoring negative comments and following your dreams.

Background for Teachers
The chapter in Covey’s book on Mission Statements and viewing the various web sites would be helpful.

Student Prior Knowledge
Awareness of mission statements and what they are.

Intended Learning Outcomes
Students will write a paper on their personal hero, a paper on their fears, and a personal Mission Statement.

Instructional Procedures
See lesson plan.

Assessment Plan
Rubric on Traits of Writing to help students write a good essay. Rubric for their mission statement.

Rubrics
mission statement rubric

Bibliography
"7 Habits of Highly Effective Families" by Stephen Covey and various web sites. "Maximum
Achievement” by Brian Tracy. "The Psychology of Winning” by Dr. Denis Waitley.

Authors

WENDY CRAPO