Health & Safety

Summary
Lesson on health in the child care, including snacks. Also includes safety.

Main Core Tie
Child Development
Strand 7

Time Frame
3 class periods of 60 minutes each

Group Size
Large Groups

Life Skills
Thinking & Reasoning, Communication, Social & Civic Responsibility, Employability

Materials
Power point projector, cook books with creative snack ideas.

Background for Teachers
Certification in First-aid and CPR is helpful. Jill Wallace comes each year to certify my whole class (801-352-7353).

Student Prior Knowledge
First-aid and CPR training is helpful.

Intended Learning Outcomes
Students will plan health snacks for children. Students will integrate health and safety knowledge into the classroom setting and curriculum.

Instructional Procedures
Power Point presentation should be separated into three different days of instruction (Healthy Snacks, Health, Safety). Follow lesson plan ideas for activities.

Assessment Plan
Students will have an acceptable score on quiz. Provide a list of creative snack ideas.

Educators:
Contact resources@uen.org using your education email address if you would like copies of the test / exam for this lesson plan. Be sure to include the Lesson Plan title in your email request.

Bibliography
State Curriculum Guide, "Introduction to Early Childhood Education" by Brewer.

Authors
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