

Time Management

Summary

If we are to make a success of our lives, we must learn successful time management.

Main Core Tie

FCS Exploration

[Strand 5 Standard 1](#)

Time Frame

1 class periods of 45 minutes each

Group Size

Individual

Life Skills

Thinking & Reasoning, Employability

Materials

Worksheets for students.

Background for Teachers

As a motivator for this lesson share the following story. Remember--with Noah, timing was everything!

Lessons on Life from Noah

Everything I need to know about life, I learned from Noah's Ark...

One: Don't miss the boat.

Two: Remember that we are all in the same boat.

Three: Plan ahead. It wasn't raining when Noah built the Ark.

Four: Stay fit. When you're 600 years old, someone may ask you to do something really big.

Five: Don't listen to critics; just get on with the job that needs to be done.

Six: Build your future on high ground.

Seven: For safety's sake, travel in pairs.

Eight: Speed isn't always an advantage. The snails were on board with the cheetahs.

Nine: When you're stressed, float a while.

Ten: Remember, the Ark was built by amateurs; the Titanic by professionals.

Eleven: No matter how bad and booming the storm, when you are with family/friends/God, there's always a rainbow waiting.

Intended Learning Outcomes

Better time-management techniques.

Authors

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