

# Activities that Teach Values

## Summary

These activities help students identify and evaluate their personal values.

## Main Core Tie

FCS Exploration

[Strand 5 Standard 1](#)

## Time Frame

2 class periods of 45 minutes each

## Group Size

Individual

## Life Skills

Thinking & Reasoning

## Materials

Worksheets, envelopes

## Background for Teachers

If possible, bring an example of something you valued as a teen. Discuss how important this item is to your life right now. Discuss how values are important, but that they will change as time goes on.

## Student Prior Knowledge

Basic discussion and knowledge of values.

## Intended Learning Outcomes

Students will identify their values.

## Instructional Procedures

1. Have the students complete at least three values worksheets
2. Tell the students to bring the worksheets to you. Check to see that they have completed them. Do not read them; just scan them to see that all the questions are answered.
3. Assign the students to bring a self-addressed, stamped envelope.
4. Have the students seal their worksheets in the envelopes and turn them in.
5. Keep the envelopes on file. Hand the envelopes out at the beginning of the students' junior year or mail them at the beginning of their junior year

## Authors

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