A Little Bit of Honey

Isn’t it funny how a little bit of honey
Makes every day worth while
A little bit of kindness
Making up your mind
Just to give a little smile
If someone’s unhappy
quick and make it snappy
Ask if they need help
’Cause a little bit of honey
Can make a day so sunny
You’ll feel good
about yourself
(Repeat)
(Verse)

They call me a builder
’Cause I don’t tear anybody down
I like to be a builder
Don’t wanna see anybody frown
I like to make people feel better
Whenever I am around

(Chorus)

I like to shake someone’s hand
Help them understand they’re special
And that’s my style
I’m part of a team to build self-esteem
So I go the extra mile
Cause I’m a builder

Constructin’ somethin’ worthwhile

(Verse)

I’m a builder
I won’t tear anybody down
I’m a builder
I won’t see anybody frown
I wanna make people feel better
Whenever I am around

(Repeat Chorus)

(Gospel Choir)

Build up my neighbor
Do the world a favor
With every labor
Build up my neighbor
I’m not gonna tear my neighbor down

(Repeat)

I’m gonna build up the world
I’m gonna be a builder
Buckle Up

From the CD Take a Stand
Music and Lyrics by Steve James
© 2000 BMI
Performed by Spencer Forsey
Arranged by Todd Sorensen, Steve James

(Verse)
When I get in the car
When I ride around
I always buckle up
The minute I sit down

(Chorus)
Buckle up
Buckle up
When I’m in the car
I buckle up
Buckle up
Buckle up
Every time I sit
I buckle up

(Repeat verse & chorus)

(Bridge)
Anyone who’s in the car
They better buckle, too
It’s important to be safe
Me and you, me and you

(Chorus)
Children of Many Colors

From the CD Be a Builder
Music and Lyrics by Steve James
Native American Chant by Steve James and Mitch Hall,
© 1999, BMI
Performed by Lisa and Steve James

(Verse 1)
From the ocean
Cross the desert
To the mountain high
Live our people
Hear our voices rising to the sky
(Chorus)
We are the children of many colors
And ever since our birth
We’ve been sisters
We’ve been brothers
And we live on mother earth
(Verse 2)
Sun of daylight
Moon of midnight
Guard our mother’s land
We together must protect her
Every grain of sand
(Repeat Chorus)
(Chant)
We move in the rhythm of the circle of life
And listen to earth’s song
We dance to nature’s heartbeat
And keep our mother strong
(Bridge)
We all share the water we drink
The food we eat
The air we breathe
We all share the sky above
The river below
The land we love
(Chorus Repeats)
(Chorus – Can be sung in a round)
You gotta chill
Take a deep breath and say
Everything’s gonna be alright
Things are gonna be okay
(Bridge)
If you’re feelin’ pressure
And life is gettin’ you down
There’s a little somethin’
To turn it all around
Clear the Air

From the CD Take a Stand
Music by Steve James, Lyrics by Clay Aquin and Steve James
© 2000 Steve James Productions, BMI
Performed by Jared Young (vocal) and Clay Aquin (rap)
Arranged by John Hancock

(Chorus)
Be smart, don’t start
Everybody breathe freely everywhere
Be smart, don’t start
Clear the air (repeat)

(Verse)
There’s somethin’ I wanna say to you
About a problem I see people goin’ through
So listen to what I have to say
You never know, it just might save your life one day

(Pre-chorus)
Some people think they’re tough when
You see them puffin’
But I don’t think it’s cool
Don’t want to hear them wheezin’
When there’s no reason
Do you wanna hear my rule?

(Chorus)

(Rap)
Be strong, don’t smoke, here’s my song
And if you follow what I’m sayin’ sing along
About that little white stick that isn’t cool
Make your lungs turn black, it’s true
You see I’m true to my statement when I say,
“Don’t start”
Not good for the body or that little ol’ heart
So if you see a friend take it from his hand
Be a friend, not a fan, take a stand
Thinkin’ about the bond that everyone will share
Once we all come together just to clear the air
You want to talk like this… say no
You want to cough like this… say no
I often think to myself how would it be
If everywhere in the world were smoke-free
Some say secondhand is worse than the first
Would you rather hear it from a doctor or a nurse?
Smoking’s bad, yep it will make you sick
Did I mention a hard habit to kick
So just remember four words and do your part
All together now,
Be smart, don’t start

(Chorus)

So listen to what I have to say
You never know, it just might save your life one day

(Pre-chorus)

(Chorus)
Do

From the CD *Be a Builder*
Music and Lyrics by Steve James
© 1997 BMI
Performed by Moana Wolfgramm Feinga, Elizabeth Wolfgramm Atuaia, and Jennifer Wolfgramm Tupuola

(Verse 1)
All around the world I see
So many places
So many faces
People just like you and me
So many voices
So many choices
If I could change the world
I’d sing
(Chorus 1)
We gotta be kind
We gotta be free
We gotta reach out to someone in need
If we could just love
If we could be true
And do as you’d have others do to you
Do as you’d have them do
(Verse 2)
And though we’re different
We’re the same
We need each other
Why hurt another
Hearts are cryin’
And who’s to blame
If someone’s hurtin’
Let’s lift the burden
And if I could change the world
I’d sing
(Chorus 2)
We gotta be kind (to each other)
We gotta be free (as any other)
We gotta reach out to someone in need
If we could just love (love another)
If we could be true (true to our brother)
And do as you’d have others do to you
Do as you’d have them do
We can make a difference
In every life we see
If everyone would do the same
Think how it would be
(Chorus 2 repeats)
Don’t Laugh At Me

Traditional
Performed by Steve Seskin/Allen Shamblin

(Verse 1)
I’m a little boy with glasses
The one they call a geek
A little girl who never smiles
‘Cause I have braces on my teeth
And I know how it feels to cry myself to sleep
I’m that kid on every playground
Who’s always chosen last
A single teenage mother
Tryin’ to overcome my past
You don’t have to be my friend
But is it too much to ask

(Chorus)
Don’t laugh at me
Don’t call me names
Don’t get your pleasure from my pain
In God’s eyes we’re all the same
Someday we’ll all have perfect wings
Don’t laugh at me

(Verse 2)
I’m the beggar on the corner
You’ve passed me on the street
And I wouldn’t be out here beggin’
If I had enough to eat
And don’t think I don’t notice
That our eyes never meet

(Chorus)
I’m fat, I’m thin, I’m short, I’m tall
I’m deaf, I’m blind, hey, aren’t we all

(Chorus)
Don’t Laugh At Me

Rap Version
Written by Allen Shamblin and Steve Seskin for
Sony/ATV Tunes/David Aaron Music/Built On Rock Music
Additional Rap Lyrics: Jonathan Gutierrez, aka Baby Jay
and Hector Chavera III for Roland Jovan Music (BMI)

(Verse 1)
I’m the one they’re laughing at because I got glasses on
I’m getting called a geek; don’t show my teeth, cause I got braces on
I know how it feels to have to cry myself to sleep
What can I do? I guess I’ll just sit here and weep
Is it just me or do the others see flaws in my appearance?
It’s clear to see they always find something to laugh and stare at
Or is it cause I’m last left to get chosen next round?
Day after day I’m just the playground’s clown
As wrong as it is, the truth is you choose who you want to mess with
You’re running me down, but stand in my shoes for a second, (uhh-uhh!)
Whether it’s too much to ask, it’s on you to listen or pass me up
Don’t have to be my friend, all I ask is that you don’t laugh and stuff
(Chorus)
Don’t laugh at me
Don’t call me names
Don’t get your pleasure from my pain
In God’s eyes we’re all the same
Someday we’ll all have perfect wings
Don’t laugh at me
(Verse 2)
The cost of living that’s risen has left me in criticism prison
It isn’t about who you are no more, but about what’s worn or driven
Everyone’s lust for material riches is what really eats me up
Almost the same ill little feeling witnessing streets fill up
With people stuck, handicapped, begging looking for bites to eat,
Had it been me, explain then why when you pass our eyes never meet
Is getting spit on surprising? No, never, its just life in the street
Last night I caught the blues cause I wouldn’t give up my bike,
See the weak are the ones that fight for no reason,
I fight against the peer pressure, no banging, stealing, or chiefing,
Why choose living for the street?
Now if it’s not too much to ask, it’s on you to listen or pass me up
Don’t have to pay attention, all I ask is you don’t laugh and stuff
(Chorus)
(Pre-Hook)
Even if I’m fat, thin, deaf, blind, short or tall,
Well aren’t we all? (Well aren’t we all)
So if I’m fat, thin, deaf, blind, short, or tall,
Then aren’t we all? (Then aren’t we all)
And since we are, don’t laugh or call me names, or
Get your pleasure from my pain, in His eyes we’re all the same
Someday we’ll all have perfect wings
(Chorus)
Friendship Song

From the CD *Something Good*
Music and Lyrics by Steve James
© 1997, BMI.
Performed by Steve James

I’ll sing a song to help me along
When I choose my friends
Who will help me be good
And do what I should
Who will be my friends
A friend would never hurt you
Or ask you to do something wrong
And so every day
When I go to play
I’ll sing my friendship song
Honesty

From the CD Take a Stand
Music and Lyrics by Steve James
© 2000 BMI
Performed by Steve James
Brass Arrangement by Jay Lawrence

(Verse 1)
I tell the truth
The truth is what I tell
In any situation
I can never fail
With honesty
Honesty

(Verse 2)
Es la verdad
Que siempre digo yo
In any situation
It’s the way to go
Honesty
Honesty
(Chorus)
Diré diré
Diré diré yo
La verdad
Yo diré
(Repeat)

[Spanish translation:
“I will always tell the truth”]
Hot to Not

From the CD Take a Stand
Music by Steve James
Lyrics by Steve and Lisa James
© 2000 BMI
Performed by Lisa James
Narrative: Stacia Price and Lisa James
Arranged by Todd Sorensen

(Verse 1)
I think I feel a chill is in the air
I look around at people everywhere
Some do things they’re not supposed to do
Some come face to face with me and you

(Pre-chorus)
And if they ask you to do something wrong
Just look them eye to eye
And tell them you’ll never ever go along

(Chorus)
Turn around and tell them to get lost
That kind of consequence is never worth the cost, yeah
Life is short so give it all you got
And when you make decisions know it’s hot to
Hot to not

(Verse 2)
If you find you’re sitting on the fence
You don’t know what to do, then think in future tense
It’s your choice, completely up to you
Whatever lies ahead depends on what you do

(Pre-chorus)
So if they ask you to do something wrong
Just look them eye to eye
And tell them you’ll never ever go along

(Chorus)
(Repeat Verse 1)
(Chorus)
I Like Being Me

From the CD *Something Good*
Music and Lyrics by Steve James
© 1997, BMI.
Performed by Lisa James

I like being me
And my friends help me see
I’m somebody special
Happy as can be
I feel good inside
When I do what’s right
I help my friends and family
I like being me
I’ll Be Nice

From the CD Something Good
Music and Lyrics by Steve James
© 1997 Steve James Music, BMI.
Performed by the Salt Lake Calvary Baptist Choir, Steve James,
and Children’s Choir

(Part 1: Choir)
Gdomo kpa kpa jimi
[Pronounced: bomo papa jimmy]
Se mo no ni hi
[Pronounced: say mo no nee hee]

(Part 2: Adult)
I’ll be nice
Nice to my brother
Kind to each other
I’ll be a friend
And I won’t
I won’t be violent
Keep anger silent
Control within

(Part 3: Children’s Choir)
I’ll be nice
I’ll be kind
Treat others right
Made up my mind

[The words in Part 1 are from the African language of Ghana and
directly translate as, “I will do the right thing.”]
It Takes Love

From the CD Be a Builder
Music and Lyrics by Steve James,
© 1999, BMI
Performed by Moana Wolfgramm Feinga

(Verse 1)
I’ve come to know that
giving’s worth the sacrifice
If I can take away
another’s pain
Or at least give them a moment of happiness
’Cause if I give I’ll never live in vain

(Verse 2)
If I could only keep the lonely company
No matter the condition in their life
Or if I could dry some tears and help a child see
That hope is real and life is worth the fight

(Chorus)
It takes love to fill an empty heart
It takes everyone to do their part
Help each other rise above
Any problem
It takes love

(Verse 3)
Another day another opportunity
To make the time and offer any help
And I learn that when I make a difference
I can see
By serving others I can find myself

(Repeat Chorus)
I’ve Decided

Something Good
Music and Lyrics by Steve James
© 1997, BMI.
Performed by Nolanda Smauldon, Ashley Scott, D.J. Smauldon

If by chance someone comes along
And asks you to do something wrong
I’ll turn around I’ll walk away
It doesn’t matter what they say

(Chorus)
’Cause I’ve decided to say no
If they don’t like me
That’s the way it goes
’Cause I’ve decided
I’ve decided to do what’s right
It doesn’t matter
If it’s day or night
’Cause I’ve decided

(Repeat)
To drinking and drugs
I say no
To violence and crime
I say no way
To drinking and drugs
I say no
To violence and crime
I say no way

(Chorus)
Libre

From the CD Be a Builder
Music and Lyrics by Steve James
© 1999, BMI
Performed by Zack Wilson, Mike Sackett, Jeremy Hill, Dan Cahoon

(Verse 1)
Too many broken hearts
Too many broken rules
I don’t think it’s smart
I don’t think it’s cool

(Verse 2)
Everywhere I turn
Everywhere I go
People need to learn
People need to know

(Pre-Chorus)
It’s the rules that make us free
That’s the kind of life
The life for you and me

(Chorus)
Libre libre
Sigue la le
Libre libre
Sigue la le

(Verse 3)
Live the life you should
Or live a life of crime
You can do some good
Or you can do some time

(Pre-Chorus)
(Chorus)
(Bridge)
It’s your life and you can choose
You’ve got so much to win
You’ve got so much to lose

(Repeat Chorus)
My Friend

From the CD Be a Builder
Music and Lyrics by Steve James
© 1999, BMI
Performed by Moana Wolfgramm Feinga,
Steve James, and Eugene Hunt

(Verse 1)
My friend
You look sad I see
You can talk to me
Call me anytime

(Verse 2)
I’m your friend
You don’t have to hide
What you feel inside
What is on your mind

(Chorus)
No matter what you do
Or what you’re going through
I’ll be there for you

(Verse 3)
Oh . . . friend
You can count on me
I will always be
A shoulder you can lean on

(Bridge)
Hey my friend
When you’re feeling down
When you’re feeling down
Know I’m around

(Repeat Chorus)
(Repeat Verse 3)
(Chorus Repeats)
(Intro)
When I’m at school
And friends aren’t cool or kind
If they make fun
Or tease someone I find
I remember what my mama told me, she said
Child, if you could only see. . .

(Chorus)
You gotta do something good
For someone else each day
You gotta try and find
Something good to say
’Cause when you help someone
They smile wide
And you feel something good inside
Well you know you should
Try and do something good

(Repeat Chorus)
(Bridge)
And if I ever have bad days
I won’t take it out on you
’Cause I can find some better ways
To work my problems through
(Repeat Chorus)
Scoot Scat Groove

From the CD *Take a Stand*
Music by Steve James,
Lyrics by Steve James and Mitch Hall
© 2000 BMI
Performed by Kelly Eisenhour, Lisa and Steve James
Arranged by Jay Lawrence

(Verse 1)
Have you ever felt that natural high
Endorphins risin’ to the sky
Scoot scat groove
You gotta move
The feeling when you exercise
Hits you right between the eyes
Scoot scat groove
You gotta move

(Chorus)
Ouu, ouu, and when you get that groove
You want to move

(Verse 2)
When the red is rushing through the veins
Oxygen goes to the brain
Scoot scat groove
You gotta move
Cleaning out those arteries
Burning off those calories
Scoot scat groove
You gotta move

(Chorus)

(Bridge)
When your heart is pumpin’, jumpin’ to the beat
It makes you want to get up off of your seat
Then the second wind will blow you back on your feet

(Repeat Verse 1 and Chorus)
Step by Step
From the CD Take a Stand
Music and Lyrics by Steve James
© 2000 BMI
Performed by Lisa James
Arranged by Vince Frates

(Part 1)
No need to worry
You’re doing fine
Life is just learning
One step at a time
No need to hurry
You’ll be okay
Growing up every day

(Part 2)
Step by step
I am learning
Step by step
I will try
Growing as each
day goes by

(Parts 1 and 2 together)
(Part 1 Ending)
Sticks and Stones

From the CD Be a Builder
Music and Lyrics by Steve James,
© 1999, BMI
Performed by Steve James

(Verse 1)
Well, you can call me names
You can play your games
You can do whatever you want to
But it’s not gonna hurt me
So leave me alone
You’re gonna find inside
I’m stronger than sticks and stones

(Verse 2)
Well, if you stare me down
I’ll just turn around
You can do whatever you want to
But it won’t affect me
That’s my comfort zone
You’re gonna find inside
I’m stronger than sticks and stones

(Chorus)
Sticks and stones
Stronger than sticks and stones
Sticks and stones
Stronger than sticks and stones
You’re gonna find inside
I’m stronger than sticks and stones

(Verse 3)
I’m not gonna break
I’m not gonna take
Anything at all inside me
That is going to hurt me
Now or when I’m grown
You’re gonna find inside
I’m stronger than sticks and stones

(Chorus)
You’re gonna find inside
I’m stronger than sticks and stones
Take a Stand

From the CD Take a Stand
Music and Lyrics by Steve James
© 2000 BMI
Performed by Steve James

(Verse 1)
When you’re home or when you’re at school
You want your friends to think you’re cool
There’s a way to get respect
You gotta choose
You gotta elect to take a stand

(Chorus)
Stand for something good each day
Stand for something, lead the way
Stand for something, it’s your call
Stand for something and you won’t fall
Just take a stand

(Verse 2)
There are some who might make fun
Causin’ trouble for everyone
Stand for something, don’t give in
You can do it, you’ll be a winner, take a stand

(Bridge)
I’m gonna take a stand
I’m gonna take a stand

(Repeat Chorus)
Take Care of Your Body

From the CD *Something Good*
Music and Lyrics by Steve James
© 1998, BMI
Performed by Aaron Watene and Moana Wolfram Feinga

(Verse 1)
Take care of your body everybody
It’s the thing to do
Take care of your body
And your body will take care of you

(Chorus)
Day-o, Day-o
Day-o, Day-o
Day-o, Day-o
I’m gonna feel okay

(Verse 2)
Take care of my body
It’s my body, healthy I want to be
Take care of my body
And my body will take care of me

(Repeat Chorus)

(Bridge)
I want to be strong
I want to live long
I want to be well
And take care of myself

(Repeat Bridge)

(Repeat Verses 1 and 2)

(Repeat Chorus)
The Heat Is On

From the CD Be a Builder
Music and lyrics by Steve James
© 1993 BMI
Performed by Dan Cahoon, Ashley Scott, and Nolanda Smalldon

(Verse 1)
Someone walkin’ up to my face
Wants to talk to me
Passin’ me the stuff
They want to smoke
What will it be?
Gotta take some action
Won’t give them satisfaction
What am I gonna say
When the heat is on

(Chorus)
The heat is on
Oh, I stay away
The heat is on
Oh, I stay away

(Verse 2)
Walkin’ through the door
Party’s on, someone calls my name
Passin’ me the glass
Just a drink
But it’s not the same
Gotta have some vision
Makin’ the decision
What am I gonna say
When the heat is on

(Bridge)
Hey, you
Look into the mirror and see
Your own reflection
Who you gonna be
What you gonna do
When they look your way
You gotta keep tryin’
It’s better then dyin’
Of heartache
I won’t break
(Repeat Chorus until end)
The Leaders of Tomorrow

From the CD Be a Builder
Music and Lyrics by Steve James
© 1997 BMI
Performed by Lisa James and Choirs

(Verse)
The leaders of tomorrow
All across the land
How I long to see them
Standing hand in hand
The builders of the future
Starting on their way
To bring a brighter day

(Chorus)
We are the leaders of tomorrow
We are the builders of the American dream
We’ll raise our voices so the whole world can see
Because of you, America, we’re free

(Descant)
I’ll give back to America
Who gave so much for me
A land of freedom and opportunity
Build a bridge to the future
With hope and liberty
And I’ll give back to America
Who gave so much for me

(Repeat Chorus and Descant together)
The Right Choice

From the CD Something Good
Music and Lyrics by Steve James
© 1998, BMI
Performed by Lisa James, Travis Price, and Stacia Price

(Verse 1)
When I do something right I am glad
If I do something wrong I feel sad
  And I learn from mistakes
  And try not to make them again

(Chorus)
So I choose to do the right thing
’Cause I know the joy it will bring
  If I’m all by myself
  Or asking for help
  I’ll lift up my voice
  To make the right choice

(Kids Repeat)

(Bridge, Kids)
If I have a decision to make
But I don’t know, which road
  I should take

(Adult)
If you don’t know you must turn to
  Someone you trust
  To show the way . . .

(Repeat Chorus)
The Stranger Song

From the CD *Something Good*
Music and Lyrics by Steve James
© 1998, BMI
Performed by Steve James

(Verse 1, Adult)
There’s a stranger calling out to you
Asking your name, what do you do
If they offer you something, what do you say?

(Kids)
I turn around and run away . . . singing

(Chorus)
I do, I do not know you
I do, I do not know you

(Verse 2, Kids)
There’s a stranger calling out to me
Asking my name, I can see
If they offer me something, what do I say?

(Adult)
You turn around and run away

(Bridge)
So many people you don’t know
But they are strangers too
Some are good, some may be bad
But any stranger you don’t talk to

(Chorus)
(Verse 3, Adult)
There’s a stranger driving up to you
A stranger’s stopping, what do you do
If they roll down the window or open the door
You run away and stay no more

(Kids)
There’s a stranger driving up to me
A stranger’s stopping I can see
If they roll down the window or open the door
I run away and stay no more . . . singing

(Repeat Chorus)
Thinking Positive

From the CD *Something Good*
Music and Lyrics by Steve James
© 1998, BMI
Performed by Nolanda Smalldon and Maria del Socorro Vega

(Chorus)
I’m thinking positive and that’s a fact
My attitude affects the way I act

(Repeat Chorus)

(Bridge)
There may be problems all around
But I won’t let them get me down

(Repeat Chorus Twice)
Thinking Positive
Siento bien (I feel good)
It’s my attitude
Mi actitud (my attitude)
(Spoken Twice)

(Chorus Repeats Twice)

(Spanish Counterpart)
Siento bien
Mi actitud

(Bridge in Spanish)
De vez en cuando encuentro problemas
Si siento bien los puedo hacer pequeños

(Repeat Chorus with Counterpart)
Try

From the CD Be a Builder
Music and Lyrics by Steve James
© 1997 BMI
Performed by Nolanda Smauldon and Marissa Porritt

(Verse 1)
Days will come, days will go
Some will leave you feelin’ low
But it’s all right, yes it’s all right
Cause everybody has those times

(Verse 2)
Some days you feel alone
When you find you’re on your own
But it’s okay, yes it’s okay
Tomorrow can be a better day
If you...

(Chorus)
Try to give a little more
Try a little harder than before
If you ever lose the battle
Doesn’t mean you lose the war
If every day goes by
You just try

(Verse 3)
When I give, I’ll reach out my hand
Help someone to understand
They’re all right, yes they’re all right
And I’ll feel better inside
If you...

(Chorus)
Hold on, don’t let go
Help each other grow

(Repeat Chorus Twice)
Try again and again
Two Heads Are Better Than One

From the CD *Take a Stand*
Music and Lyrics by Steve James
© 2000 BMI
Performed by Jeni Gubler

(Verse 1)
You can do some things better than I can
I can do some things better than you
We can all learn by workin’ together
Think of the many things we can do

(Chorus)
Work, work, workin’ together
Play, play, playin’ our part
Helpin’ each other gettin’ things done
Sometimes two heads are better than one
Two heads are better than one

(Verse 2)
You can learn some things quicker than I can
I can learn some things quicker than you
We can all learn by workin’ together
Think of the many things we can do

(Chorus)

(Bridge)
We’re workin’ together
Gettin’ things done
Helpin’ each other
Havin’ so much fun

(Repeat Bridge)
(Chorus)
We’re Not That Different After All

From the CD Take a Stand
Music and Lyrics by Steve James
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Performed by Lisa James, Steve James and Devin Neilson
Arranged by Todd Sorensen and Vince Frates

(Verse 1)
Some people say we’re different
I don’t think it’s so
We have so much in common
Everyone should know
We’re not that different after all

(Verse 2)
We each tell our own story
Come from other lands
So many ways of speaking
Still we understand
We’re not that different after all

(Chorus)
We have one heart that beats the same
We hear each other’s cries
Let’s speak kind words to everyone
And see the good within their eyes
We’re not that different after all
We’re not that different after all

(Repeat Verse 1)
(Chorus)