


# Being a Helper

More Practice With Helpful Heroes.



## 3 Cs

- I care about myself.
- I care about others.
-  I care about community.

**Help students to understand and invite them to state clearly:**

- I have a right to live in a beautiful and peaceful place,
- I have a responsibility to contribute to the beauty and peace of the place I am in.

## Preparation

### Copies

Home Connection Parent Letter (see page 103)

### Materials

Book – *Galdone, Paul. The Little Red Hen. New York: Seabury Press, 1973.*  
(Check out this book from your local media center)

### Music

- “Two Heads Are Better Than One” from CD *Take a Stand* (see page 156)
- “I Like Being Me” from CD *Something Good* (see page 137)

## Vocabulary

- |                |           |
|----------------|-----------|
| responsibility | chore     |
| a right        | community |

## Lesson at a Glance

### Introduction

1. Read *The Little Red Hen* to the class and discuss the story.

### Strategy

2. Emphasize the importance of helping at home and at school.

### Conclusion

3. School clean-up activity
4. Teach the song “Two Heads Are Better Than One” or “I Like Being Me.”

### Home Connection

5. Helping at Home

## Core Curriculum Objectives and Standards

### Objectives

Define chores and responsibilities.

### Standards

- 7000-0101 Demonstrate ways to cooperate and share with others.
- 7000-0701 Demonstrate ways to help or serve others.

## Teacher Notes

This lesson is also in the Kindergarten Prevention Dimension lessons. First grade teachers thought it was worth repeating in the first grade.

The next lesson, “Helping Others,” reinforces the concepts of this lesson.

## Introduction

### Read and Discuss

#### 1. *The Little Red Hen*

Read "The Little Red Hen" to the class.

Use the following questions in your discussion.

- What are jobs you do at your house?
- What jobs do we have in our classroom?  
The teacher prepare lessons and activities, children listen, put away items etc.
- What would happen if people at your house didn't do their job?
- What would happen if I didn't do my job?
- What would happen if you didn't do your job?
- How peaceful would our class be?
- How would our class look and feel like?

## Strategy

### Tie in the 3 Cs

I care about myself.  
I care about others.  
I care about community.

#### 2. Emphasize the importance of helping at home and at school.

**Help students to understand and invite them to state clearly-**

I have a right to live in a beautiful and peaceful community.

I have a responsibility to contribute to the beauty and peace of my community.

Define and discuss

*right-* something you can count on

*responsibility-* something you are always expected to do or a way you are expected to act or treat someone else.

Bodine, Richard J., Donna K. Crawford, and Fred Schrupf. *Creating the Peaceable School: a Comprehensive Program for Teaching Conflict Resolution*. Champaign, IL: Research Press, 2002.

Ask

- What did the little chicks think they had a right to?  
A piece of bread.
- Did the little chicks want to have any responsibility?
- What kinds of chores and responsibilities do you have at home?
- What happens if you do not do your chores?
- What kinds of chores and responsibilities do you have at school?
- What happens if you do not do your school chores?
- Why is it important to help both at home and at school?
- How can you be a Helpful Hero at home or at school?

## Conclusion

#### 3. School clean-up activity

Involve students in a school clean-up activity such as: clean up playground trash, clean in the classroom or other school areas, recycle, empty pencil sharpener, feed class pet or straighten books.

Sing

#### 4. Sing "Two Heads are Better than One"

## Home Connection

Prepare

#### 5. Helping at Home

Make a copy of the Home Connection for each student. Send the "Home Connection" paper home with each student and instruct them share the information with their families.

## Optional Books

- Lionni, Leo. *Swimmy*. New York: Knopf, 2008.
- Orr, Wendy, and Ruth Ohi. *Aa-choo!* Toronto: Annick Press, 1992.
- Kraus, Robert, Jose Aruego, and Ariane Dewey. *Herman the Helper*. New York, NY: Sagebrush, 1999.
- Lionni, Leo. *Frederick*. New York: Random House, 1973.





# Home Connection

Dear Family,

At school today, we learned about helping at school and at home.

Discuss with me how I can help at home.

I drew a picture of how I think I can be a Helpful Hero at home.

Thanks, I love you



# Home Connection

Dear Family,

At school today, we learned about helping at school and at home.

Discuss with me how I can help at home.

I drew a picture of how I think I can be a Helpful Hero at home.

Thanks, I love you



# Conexión en el Hogar

Querida Familia,

Hoy aprendí en la escuela acerca de como ayudar en la escuela y como ayudar en mi hogar.

Platica conmigo acerca de las formas en que puedo ayudar en nuestro hogar.

Hice én dibujo acerca de como puedo ser un Héroe que ayuda en la casa.

¡Gracias! ¡Los quiero Mucho!



# Conexión en el Hogar

Querida Familia,

Hoy aprendí en la escuela acerca de como ayudar en la escuela y como ayudar en mi hogar.

Platica conmigo acerca de las formas en que puedo ayudar en nuestro hogar.

Hice én dibujo acerca de como puedo ser un Héroe que ayuda en la casa.

¡Gracias! ¡Los quiero Mucho!