



Teacher Notes

# Talking About Medicines

More Practice With Bugs and Helpful Heroes

## 3 Cs

- ☞ I Care about myself.
- I Care about others.
- I Care about community.

**Help students to understand and invite them to state clearly:**

- I have a right to care about myself.
- I have a responsibility to make smart choices when I care about myself.
- Making a smart choice means following the rules that others have given you to keep you safe.
- It is the grown-ups responsibility to teach you those rules!

## Preparation

### Materials

- Pictures of medicines from magazines
- Graphic: "Who Should Give Me Medicine?" (see page 97)
- (This graphic may be reproduced for a Home Connection.)

### Music

- "I've Decided" from the CD *Something Good* (see page 140)

## Vocabulary

- |          |                  |
|----------|------------------|
| medicine | responsibilities |
| rights   |                  |

## Lesson at a Glance

### Introduction

1. Identify medicines from pictures or examples.

### Strategy

2. Who should give medicines to children?

### Conclusion

3. Reinforce the concept that children should only take medicine from a responsible adult.

## Core Curriculum Objectives and Standards

### Objectives

- Students will know where medicines and medical supplies should be kept.
- Students will identify appropriate individuals who administer medicine.

### Standards

- 7000-0502** Demonstrate personal safety.

## Introduction

## Strategies

## Discussion

### 1. Identify medicines from pictures.

### 2. Who should give medicines to children?

Use graphics to discuss who should give medicines to children.

There are some bugs we have when we are sick that can only be helped with medicine.

We never help ourselves to medicine.

We always talk an adult about taking medicines.

Use the following situations to practice:

- You are at Grandma's house and have a headache. She has medicine on her night stand. Stop and Think. What should you do?
- You wake up in the night not feeling well. Your mom and dad are asleep. You know where the medicine is kept. Stop and Think. What should you do?
- You are at a friend's house and get a stomachache. Your friend offers to give you some medicine. Stop and Think. What should you do?
- You go to the doctor and he or she tells you to take some medicine. Stop and Think. What should you do?
- You are at school and you don't feel well. Stop and Think. What should you do?

## Tie in the 3 Cs

I Care about myself.  
I Care about others.  
I Care about community.

I have a right to care about myself.

I have a responsibility to make smart choices when I care about myself.

Making a smart choice means following the rules that others have given you to keep you safe.

It is the grown-ups responsibility to teach you those rules!

## Conclusion

## Discussion

### 3. Reinforce the concept that children should only take medicine from a responsible adult.

- Remind students that medicine is "off limits" to them unless given by a responsible adult.
- Reinforce why taking medicine can be unsafe.
- Just because you can reach it doesn't mean it is safe.
- Clarify the procedure for receiving medicine.
- Sing the song, "I've Decided."

## Sing



# Who Should Give Me Medicine?

X out the wrong choices.

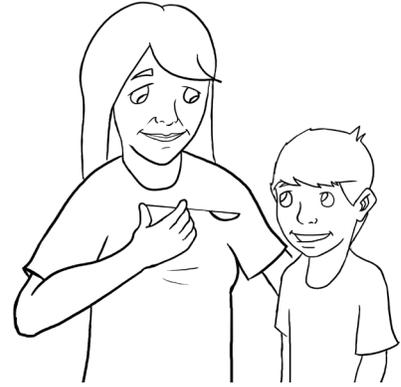
Circle the helpful heroes who help with medicines.



Doctor



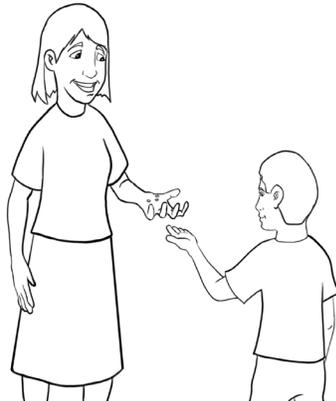
Myself



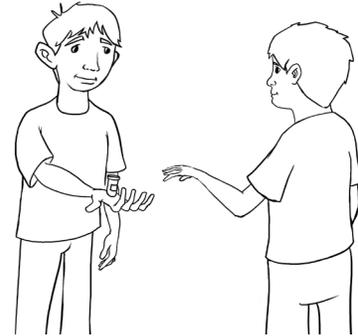
Mother



Father



School Nurse



Friend



School Secretary

Who Should Give Me Medicine?

