3 Cs

I care about myself.
☞ I care about others.
☞ I care about community.

Help students to understand and invite them to state clearly:
I have a right to be in an environment where I feel safe.
I have a responsibility to treat others with kindness.
Violence is intent, by words, looks, signs, or acts, to hurt someone else’s body, feelings, or possessions.

Preparation

Copies
Home Connection (see lesson page 5)
Emotion Cards (see lesson pages 6-10)

Materials
None required for this lesson

Music
"Friendship Song" from CD Something Good (see page 134)

Vocabulary
friends
friendship

Lesson at a Glance

Introduction
1. Introduce concept of friends.

Strategies
2. Listen to and sing and discuss the “Friendship Song.”
3. Play the “Friendship Chain” game.

Conclusion
4. Sing the “Friendship Song.”

Core Curriculum Objectives and Standards

Objectives
Students will identify and practice caring and respect for others.

Standards
7000-0303 Demonstrate friendship qualities.
Lesson 16: Friends

Introduction

1. Introduce concept of friends.
   Emphasize that friends are people who really care about others.

2. Listen to and sing the “Friendship Song.”

Discussion

What makes a good friend?
- Uses win-win to solve problems
- Decide things
- Stick together
- Fair
- Listen
- Play

How would a friend “never hurt you, or ask you to do something wrong.”
- Break rules
- Hurt others
- Damage property
- Hurt self
- Be unkind
- Not care

If a person asks you to do something wrong, what do you do?
- Stop and Think about what to do.
- Tell a grown-up.
- Say “No thanks.”
- Use an “I” message to say how I feel.

When you are scared or upset about something, it is sometimes helpful to find a friend who can help you. You might ask them to be your buddy. It’s much easier to leave an uncomfortable situation with a friend or buddy.

3. Play “Friendship Chain” game.
   Teacher begins by starting a friendship chain. State how you will be a good friend to one of the students.

   “I’ll be a good friend to Kim by…”
   Lock elbows with Kim to start a friendship chain.

   Kim then says, “I’ll be a good friend with Cortney by…” and locks elbows
   Teacher reinforces each child’s comment.
   Continue until the entire class is a chain of friends.

Conclusion

Sing the song “The Friendship Song” while locked in a friendship chain.

Optional Books