A Suicide Quiz: Assessing Staff Knowledge

Please circle the correct answer:

1. In what age group are individuals in the United States most likely to consider suicide?
   A. 15-24 years  
   B. 25-44 years  
   C. 45-64 years  
   D. 65-84 years

2. Are females or males more likely to complete suicide?
   A. Females  
   B. Males  
   C. Both are the same

3. It is better to not talk about suicide with someone who may be thinking about it as this may plant the idea in their heads.
   True or False?

4. There is usually one sudden and traumatizing event that causes a person to attempt suicide.
   True or False

5. Which two ethnic groups are at a higher risk for suicide?
   A. Caucasian 
   B. African-American 
   C. American Indian/Alaskan Native 
   D. Asian/Pacific Islander

6. The majority of individuals who attempt suicide let someone know about their intentions.
   True or False?

7. People who are thinking about suicide do so because they really want to die.
   True or False?

8. A previous suicide attempt is a serious risk factor for someone completing suicide in the future.
   True or False?

9. The only one who can really help a suicidal student is a counselor or mental health professional.
   True or False?

10. Teens who talk about suicide don’t complete suicide as they are just seeking attention.
    True or False?