

UEN-TV Monthly Health Highlights - August 2017



Gluten Free

Tuesday, August 1 at 9 p.m.

The program explores the front line of fact and controversy surrounding gluten-related illnesses. Is gluten harmful or not? Is it a fad diet, or can it actually kill people?



Between Earth and Sky: Climate Change on the Last Frontier

Monday, August 7 at 9 p.m.

Alaska has been the source of myth in the imagination of Americans for centuries and what was once the last frontier of American expansion has become the first frontier in climate change. The film examines climate change through the lens of impacts to native Alaskans, receding glaciers and arctic soil.



NHK Special: My Small Steps from Hiroshima

Wednesday, August 9 at 9 p.m.

Kaoru Ogura dedicated his life to telling the world about the Japanese city where the first atomic bomb was dropped. The program recounts the life and work of anti-nuclear activists and the experiences of Ogura.



Painted Nails

Friday, August 11 at 8 p.m.

A Vietnamese immigrant and nail salon owner in the blue-collar, Mission District of San Francisco, Van sees her American dream begin to crumble with the discovery that her health problems, which include two heartbreaking miscarriages, are the result of the toxic chemicals in products used in her salon. She unintentionally becomes involved in the national fight for safe cosmetics, an industry that has had no oversight or legislation for safety since 1938.



Surviving the Teenage Brain

Monday, August 14 at 9 p.m.

What if teenagers are doing exactly as nature intended by being selfish, reckless, irrational, irritable and impossible? This intriguing documentary features the knowledge and research of international scientists and experts like National Institute of Mental Health (NIMH) neurologist Dr. Jay Giedd, a foremost expert on adolescent brain development; Cambridge evolutionary biologist Dr. David Bainbridge; adolescent mental health expert Dr. Stan Kutcher; biological anthropologist Dr. Helen Fisher and innovation and technology expert Don Tapscott.



The Last Chapter

Tuesday, August 15 at 9 p.m.

The program examines the benefits of planning for end-of-life care through interviews with a diverse collection of subjects, including elderly hospice patients and a young father of three suffering from liver and colon cancer.



Primary Concern

Friday, August 18 at 8 p.m.

The film details the precarious health care precipice in America in all its complexities. It also shares the profound stories of doctors who are on the front lines serving their communities with compassion and perseverance against enormous odds.



Transforming Loss

Tuesday, August 22 at 9 p.m.

There are many positive ways people cope with tragic loss through death that are examined and demonstrated in this film.



Bell Ringer: The Invisible Brain Injury

Friday, August 25 at 8 p.m.

The short-term effects and long-term risks of concussions, raises awareness of the issue, and discusses the best ways to prevent them.

