

UEN-TV Monthly Health Highlights - June 2017



Elder Abuse and Exploitation

Friday, June 9 at 8:30 p.m.



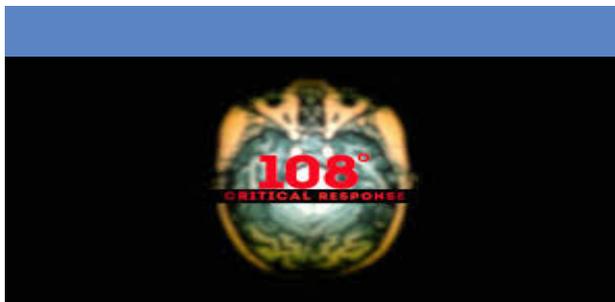
There are more than five million elder abuse victims in the United States, affecting an estimated one in 10 adults over the age of 60. And while exploitation by scammers and other strangers grabs the most headlines, the majority of perpetrators tend to be people close to and trusted by the victim.

Second Opinion Special: CPR in America

Tuesday, June 20 at 9 p.m.



90% of people who suffer out-of-hospital cardiac arrests die. Receiving immediate CPR can double or triple a person's chance of survival. But 70% of Americans feel helpless because they don't know CPR or they're afraid of hurting the victim. This groundbreaking special will include documentary-style patient stories, a studio audience of survivors and rescuers, interviews with doctors who were involved in drafting the new guidelines and easy to follow hands-only CPR demonstrations.



The Great Vacation Squeeze

Thursday, June 22 at 8:30 p.m.



Vacations matter -- for productivity, happiness, family bonding and especially, health. Men who don't regularly take vacations are a third more likely to suffer heart attacks than those who do; women are fifty percent more likely and far more likely to suffer from depression.

108 Degrees: Critical Response

Thursday, June 22 at 9 p.m.



The program addresses the dangers of heat illness in high school athletes. The program includes three young victims of heat-related ailments: Kendrick Fincher and Tyler Davenport, who died of heat stroke while practicing football in the summer months and Will James, who received treatment and survived. The program looks at the seriousness of this condition and its underlying causes, as well as how to treat and prevent it from happening.



Alzheimer's: the Caregiver's Perspective

Tuesday, June 27 at 9 p.m.



Caretakers share their diverse experiences of caring for loved ones in the world of dementia - from diagnosis to saying the long goodbye. A variety of caregivers, family members and many others explain how they creatively navigate the frustrations, sorrows and complications of caring for a loved one who can no longer function safely on their own.

Homecoming: The Impact on Our Veterans

Thursday, June 29 at 8:30 p.m.



Veterans from different wars, as well as military experts and a psychologist look at the impact of a homecoming on a soldier - even decades after he or she returns from war. The program also highlights a second homecoming some 60 years in the making for Nebraska Korean War veterans.