

UEN-TV Monthly Health Highlights - May 2017



Age Wise

Tuesdays at 8:30 p.m. beginning May 2



This five-part series examines best practices of what can and should be done to help older adults age better, with insight from experts and everyday older adults who share their personal stories of success.

You Are Stronger than You Think

Tuesday, May 2 at 9 p.m.



Nutrition and fitness expert JJ Virgin helped her son rebuild his life after a tragic accident.

Feeding Africa's Children

Thursday, May 4 at 8:30 p.m.



Two nations, Mali and Kenya, racked by war and poverty, are weaning themselves off foreign food aid and feeding their school children using locally grown food, providing a living to local farmers.

Coming of Age in Aging America

Thursday, May 4 at 9 p.m.



It's widely accepted that most Americans are living decades longer than any generation in human history. What does it mean for communities, programs and policies and how we live and work?



Watching our Water: The Challenge to Keep it Clean

Thursday, May 11 at 8 p.m.



Now, news from Flint, Michigan of contaminated municipal water supplies have people from Boston to Berkeley shifting the question from, "Will I have enough?" to "Is my water safe?"

A Path to Healing: Genomics and Disease Prevention

Friday, May 12 at 8 p.m.



As scientists conduct research into the human genome, they're "cracking the codes" to some cancers and other diseases.

Homes on the Range : The New Pioneers:

Saturday, May 13 at 8 p.m.



This is a twelve-year journey of a group of passionate citizens in the Sheridan, Wyoming community who established the first grassroots effort to create a nonprofit skilled nursing facility with the Green House philosophy in the United States.



It's "Just" Anxiety

Saturday, May 13 at 9 p.m.



Filmed over a period of five years, the documentary follows several individuals with anxiety symptoms ranging from excessive worry and fear to more extreme manifestations such as compulsive behavior and torturous panic attacks.

Fading Away: Alzheimer's

Friday, May 19 at 8 p.m.



Every 67 seconds, someone is diagnosed with Alzheimer's Disease, a type of dementia with no known cure. Scientists, patients and their caregivers take us inside their experiences with this memory robbing disease.

Penelope

Thursday, May 25 at 9 p.m.



Nursing home residents collaborate with playwright Anne Basting and Sojourn Theater to create a play.

The Sum Total of our Memory: Facing Alzheimer's Together

Friday, May 26 at 8 p.m.



Couples affected by a partner's recent diagnosis of Early Alzheimer's come to terms with their changing roles.