

# UEN-TV Monthly Health Highlights - April 2018



## Defeating Cancer: Precision Medicine and Personalized Care



Thursday, April 5 at 8 p.m.

Cancer survivor Sharon Osbourne narrates a look at cutting-edge biomedical and health research efforts and the many threads that connect cancer patients to doctors, researchers and innovators across the country and around the world.

## Food Over 50



Fridays at 8:30 p.m. beginning April 6

The mission of the cooking series is to inform, instruct and entertain America's late Gen-X, Boomer and senior audiences with artistic and appetizing preparations of wide-ranging international recipes that are nutritionally enticing. Hosted by David Jackson, the series also provides viewers with their own personal nutritionist. During each episode, registered dietician Elizabeth Kelsey joins David to critique recipes from a health perspective and emphasize the importance of cooking fresh food.



## A Plan to Survive: Coping With A Breast Cancer Diagnoses



Saturday, April 7 at 8:30 p.m.

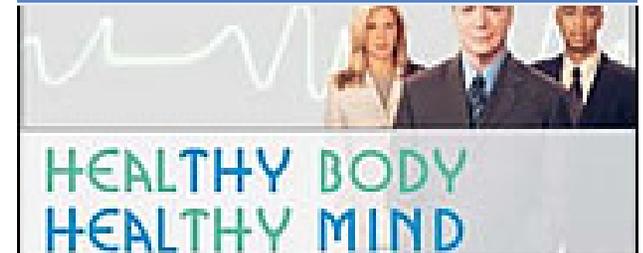
Meet hair dresser Merry Lunsford, a single mother of four who was recently diagnosed with breast cancer, and learn how she makes the many difficult decisions for her plan to survive.

## My Voice: One Man's Journey to Overcome the Silence of Autism



Saturday, April 7 at 9 p.m.

A young autistic man fights to help others who, like him, were born without the ability to communicate. Watch the inspiring true story of Matt Hayes as he navigates life and finds his place in the world as a defender of human rights for non-communicative autistic people.



## Healthy Body Healthy Mind



Sundays at 11 a.m. beginning April 15

This award-winning series explores the personal side of health breakthroughs in treatment, prevention and research with well-told, real stories of doctors, scientists and patients. In addition to compelling stories, hear advice from top experts in the fields of health and wellness and learn about the latest technological advancements that will bring you to the cutting edge of medicine. On April 15, the 36th season begins with "Parkinson's Disease and Psychosis." On April 22, "Insights into the Workings of Multiple Myeloma" and on April 29, "Learning About Food Allergies."

## Autism: Behind the Camera



Saturday, April 21 at 9 p.m.

The program focuses on young adults with autism and the resources needed when students with autism "age out" of high school.