

# UEN-TV Monthly Health Highlights - March 2018



## Turn the Page

Thursday, March 1 at 9 p.m.



Twice a month at the Ontario County Jail in Western New York, volunteers assist inmates record themselves, through tears and laughter, reading children's books onto audiocassettes. These taped 'Bedtime Stories,' along with the actual books are then sent to the inmates' children that helps maintain connections.

## A Path to Healing: Genomics & Disease Prevention

Thursday, March 2 at 8:30 p.m.



As scientists conduct research into the human genome, they're "cracking the codes" to some cancers and other diseases. Experts say we could be on the threshold of achieving breakthroughs that will fundamentally change how we treat major diseases. We'll meet patients who are receiving custom genomic therapies, often with dramatic results.

## Drugged Driving

Friday, March 9 at 8:30 p.m.



Increasingly, health care, safety and law enforcement experts point to a dangerous new trend -- driving impaired from illegal drugs, pills or even common prescription medicines.



## Bell Ringer: the Invisible Brain Injury

Thursday, March 15 at 8 p.m.



The program explores the complexities of the injured brain, examining what occurs in the brain during a concussion, how researchers are studying physical impact and neurological injuries and the safe protocols for returning to play.

## Oh, My Aching Back!

Friday, March 16 at 8:30 p.m.



Examine the prevention, management and relief of back and neck pain that up to 80 percent of people feel, from diagnosable to chronic and unseen.

## My Love Affair with the Brain: The Life and Science of Dr. Marian Diamond

Monday, March 19 at 9 p.m.



How can you not fall in love with a woman who carries around a preserved human brain inside a giant flowery hat box? Meet Dr. Marian Diamond, renowned academic and research scientist and prepare to be smitten.



## The Journey Ahead - End of Life

Friday, March 23 at 8:30 p.m.



Courageous people share their personal stories of end-of-life decisions, hospice care, and how to navigate "The Journey Ahead." A 17-year-old's organ donation wishes are honored and five lives are saved. Meet the doctors, nurses, social workers and clergy helping people move forward.

## Healed: Music, Medicine and Life with MS

Thursday, March 29 at 8 p.m.



Renowned cornet virtuoso Jim Klages was at the height of his career, having achieved his dream as soloist for the elite "President's Own" U.S. Marine Band in Washington D.C. But when the happily married family man noticed a strange tingling in his arm and nearly dropped his cornet, everything began to change. The diagnosis: multiple sclerosis.